

**102106T4COH**

**COMMUNITY HEALTH LEVEL 6**

**HE/OS/CH/CR/04/6/A**

**CONDUCT COMMUNITY – BASED HEALTH CARE**

**July/August 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**WRITTEN ASSESSMENT**

**TIME: 3 HOURS**

**INSTRUCTIONS TO CANDIDATE**

1. This paper consists of two sections; **A** and **B**
2. Answer **ALL** the question as guided in each section
3. Marks for each question are as indicated in the brackets
4. You are provided with a separate answer booklet to answer the questions
5. Do not write in this question paper

**This paper consists of FOUR (4) printed pages.**

**Candidate should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.**

**SECTION A: [40 MARKS]**

*Answer ALL questions in this section.*

1. Palliative care is specialized medical care given to patients living with serious illness to improve their quality of life. Name FOUR patients/illnesses that are eligible for palliative care  
[4 Marks]
2. Malaria is still one of the leading causes of mortality for under 5-year-old children. Mention THREE suitable control measures for malaria.  
[3 Marks]
3. One of the main goals of universal health coverage was to ensure health services are accessible to all. Outline FOUR barriers to accessing health care services.  
[4 Marks]
4. Substance abuse and sexual activities are the major risk factors for the spread of HIV in the society.
  - a) Outline TWO ways of reducing substance use risk.  
[2 Marks]
  - b) Identify TWO ways of reducing sexual activities risk.  
[2 Marks]
5. Before and after conducting HIV and TB diagnosis test, it is important to conduct counselling sessions to the patient. Highlight THREE objectives of such counselling sessions.  
[3 Marks]
6. In the era of digitization, technology has played a key role in the success of community-based health care. Outline FOUR benefits of technology in regards to community-based health care implementation and success.  
[4 Marks]
7. Treatment adherence in the cases of HIV and TB is important for achieving optimal outcomes. Mention THREE outcomes associated with poor adherence to antiretroviral therapy (ART) for HIV.  
[3 Marks]
8. Several counties in Kenya have recently received high levels of rainfall causing floods that resulted to displacement of people, damage to properties and loss of life. Identify FOUR phases of disaster/emergency management.  
[4 Marks]
9. During a home visit you identified a child under 5-year-old that required a referral to a level 2 health facility. Enumerate FOUR danger signs presented by the child that informed the referral.  
[4 Marks]
10. Mental health is one of the services under the community based health care. Outline FOUR benefits of a good mental health status.  
[4 marks]

11. Prevention and control of zoonotic diseases are important to ensure a health community.  
Identify THREE zoonotic diseases. [3 Marks]

**SECTION B: [60 MARKS]**

*Answer any **THREE** questions in this section*

12. You have been invited by XY youth group to give a health talk on mental health illnesses and assessment.
- a) Explain **THREE** objectives of mental health assessment. [6 Marks]
  - b) Discuss **FOUR** classes of mental illness. [8 Marks]
  - c) Describe **THREE** classes of psychiatric medications that can be prescribed to a mental illness patient to improve symptoms. [6 Marks]
13. Psycho-active drugs abuse in the country is on the rise. You have been tasked by National Authority for the Campaign Against Alcohol and Drug Abuse (NACADA) to spearhead a team conducting monitoring the use of psycho-active drugs and advice on the control and use reduction measures.
- a) With examples, identify **THREE** classes of psycho-active drugs. [6 Marks]
  - b) Discuss **THREE** drug demand reduction strategies you would advise on. [6 Marks]
  - c) Explain **FOUR** objectives of monitoring the use of psychoactive drugs by NACADA. [8 Marks]
14. The Government of Kenya is in the process of rolling out Primary Care Network (PCN) in one of the counties and it has engaged you in the role of a Community Health Promoter.
- a) Explain **FIVE** qualities considered for the appointment of a community health promoter. [10 Marks]
  - b) Describe **FIVE** roles that you will be expected to perform. [10 Marks]
15. The Integrated Community Case Management (ICCM) is an evidence informed strategy which builds the capacity of the community health volunteers (CHVs) to assess, treat or refer sick under 5-year-old children at the household/community level.
- a) Explain **FOUR** tools used for collecting data for the ICCM routine indicators. [8 Marks]
  - b) Discuss **SIX** challenges in the implementation of Integrated Community Case Management. [12 Marks]

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