



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102105TA
Qualification : Assistant Community Health Officer Level 5
Unit Code : HE/OS/CH/CR/04/5/A
Unit of Competency : Conduct community health linkages

CANDIDATE WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A

Answer All Question in This Section (40Marks)

1. Define the following: (4 Marks)
 - a) Health
 - b) Health Insurance Scheme
2. As the community health officer, you are responsible for ensuring that community members participate in community health programs. Outline FOUR ways of mobilizing community members to participate in community health programs. (4 Marks)
3. There are many factors that influence the health of an individual. Highlight FOUR individual characteristics that would influence a person's health status. (4 Marks)
4. Health indicators are important in guiding community health needs assessment. List FOUR characteristics of indicators (4 Marks)
5. You are planning to partner with a local Non-Governmental Organization in your community health programs. List FOUR principles of partnerships (4 Marks)
6. Health insurance is one way in which the government is working towards achieving Universal Health Care (UHC). State the FOUR costs that health insurance covers (4 Marks)
7. Health care needs refer to gaps in the health state of an individual or groups of people, which would benefit from an appropriate and effective care intervention. Name FOUR healthcare needs (4 Marks)
8. Social mobilization is one of the most effective strategies for driving change in the health sector. Name FOUR importance of social mobilization (4 Marks)
9. Defaulting is one of the challenges many health programs face. Outline FOUR reasons for defaulting (4 Marks)
10. Youths are one of the populations you can target when developing health programs. Highlight FOUR health programs you can develop for the youth (4 Marks)

SECTION B (60 MARKS)

This Section Contains FOUR Questions Answer Any THREE Questions.

11. The referral system enables management of a client's needs across different levels of care. In Kenya, the health system is organized around six levels of care based on the scope and complexity of services offered.
- a) Describe SIX health care levels giving at least one example of service offered in each level. (12 Marks)
 - b) Explain FOUR challenges facing referral systems in our health facilities. (8 Marks)
12. You have been tasked to conduct community health needs assessment in your community.
- a) Explain TWO benefits of conducting community health needs assessment. (4 Marks)
 - b) Describe EIGHT steps of conducting community health needs assessment. (16 Marks)
13. A study by Government of Kenya showed that slum dwellers in Nairobi experience poorer health than their affluent urban counterparts
- a) Discuss FIVE determinants of health in the informal settlement (10 Marks)
 - b) Explain FIVE stakeholders you will involve when addressing health concerns in the informal settlements (10 Marks)
14. Health service programs are established to promote and maintain the physical and mental health of the public.
- a) Explain FIVE community health service programs. (10 Marks)
 - b) Describe FIVE characteristics of ideal health service program. (10 Marks)