



## AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH  
Qualification : Assistant community health officer Level 6  
Unit Code : HE/OS/CH/CR/06/6/A  
Unit of Competency : Conduct Community Health Linkages.

## CANDIDATE WRITTEN ASSESSMENT

### INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

*This paper consists of **THREE (3)** printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.*

**SECTION A: (40MARKS)**

*Answer All Questions in This Section*

1. Differentiate between predisposing factors and enabling factors as applied in community needs assessment (4 Marks)
2. Alma Ata declaration of 1978 set primary health care elements to meet the health needs of the communities. Highlight FOUR elements of Primary Health Care (4 Marks)
3. You have been selected to head the dissemination of a health outreach report in your organization. Identify FOUR features of a successful dissemination plan (4 marks)
4. Community Diagnosis is done using a tool called Health Indicators which are the variables used for the assessment of community health. Outline FOUR health indicators used in community diagnosis (4 Marks)
5. Universal health coverage (UHC) is a global goal based on the fundamental human right to health. Identify FOUR benefits of UHC. (4 Marks)
6. Social mobilization is an integrative process where stakeholders are stimulated to become active participants in social change, using diverse strategies to meet shared goals. Outline FOUR methods of social mobilization (4Marks)
7. As the Community Health Officer in community W, you have been given the responsibility of ensuring that defaulters are traced on time. Identify FOUR steps for defaulter tracing (4 Marks)
8. Mr. Y is a Community Health Officer planning to conduct a health outreach. Outline FOUR legal requirements needed to conduct the outreach. (4 Marks)
9. Universal Health Coverage (UHC) exists when all people receive the quality health services they need without suffering financial hardship. State THREE roles of community health assistants in UHC agenda (4 Marks)
10. Children are one of the most vulnerable populations in the community and therefore it is important to put in place programs that address their various health needs. State FOUR health programs that would benefit children (4 Marks)

**SECTION B: 60 MARKS**

***Answer Any Three Questions***

11. The world Health Organization (WHO) described health as “A state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity”.
- a) Discuss FIVE determinants of health (10 Marks)
  - b) Explain FIVE principles of Primary Health Care (10 Marks)
12. Health service programs are established to promote and maintain the physical and mental health of the public.
- a) Explain FIVE characteristics of an ideal health program (10 Marks)
  - b) Describe FIVE common health programs in the healthcare system in Kenya (10 Marks)
14. Universal Health Coverage (UHC) means that all people have access to the full range of quality health services they need, when and where they need them, without financial hardship. As a community health assistant, you are required to advocated for the community enrolment into the Universal Health Coverage Scheme
- a) Describe THREE current challenges facing the Universal Health Coverage in Kenya (6 Marks)
  - b) Describe SEVEN major costs covered by Health insurance schemes (14 Marks)
15. The Ministry of Health has observed that there is an increase in the number of early pregnancies in your community, as a community health worker you have been asked to carry out needs assessment to identify the underlying problem and come up with an effective intervention plan
- a) Explain SIX steps in carrying out community needs assessment (12 Marks)
  - b) Discuss FOUR ways of reducing the prevalence of HIV which can be used to prevent early pregnancies (8 Marks)