



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 031306T4PSY
Qualification : Counselling Psychology Level 6
Unit Code : PSY/OS/CO/CR/07/6
Unit of Competency : Provide Guidance and Counselling in learning institutions

WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. This paper has two sections A and B.
3. You are provided with a separate answer booklet.
4. Marks for each question are indicated in the brackets.
5. **Do not** write on the question paper.

*This paper consists of **THREE (3)** printed pages*

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer All the Questions in This Section

1. Name any FOUR common psychological assessment tools that counsellors use to assess clients (4 marks)
2. Highlight FOUR resources required in the guidance and counselling department in learning institutions (4 Marks)
3. Joseph is a counsellor at Amani high school. Identify FOUR goals of guidance and counselling that he should endeavor to achieve in his profession (4 Marks)
4. Counsellors in learning institutions use various counseling skills while conducting sessions with clients. Identify FOUR counseling skill (4 Marks)
5. Highlight FOUR resources required in the guidance and counselling department in a learning institution (4 Marks)
6. Counsellors are encouraged to observe some ethical practices while conducting their sessions. Highlight FOUR unethical issues in counseling (4 Marks)
7. Confidentiality must be observed by counsellors in their profession. Mention FOUR circumstances in which confidentiality may be broken (4 Marks)
8. Outline FOUR listening techniques in guidance and counseling (4 Marks)
9. There are various components required in guidance and counselling. Identify FOUR such components of Guidance and counseling (4marks)
10. As a practicing counselor self-evaluation is very important. Highlight FOUR benefits for counselor's self-evaluation (4 marks)

SECTION B: (60 MARKS)

Answer Any Three Questions in This Section

11. You have been appointed as head of guidance and counselling department in your school.
- a) Discuss FIVE factors you will consider in establishing a guidance and counselling venue in the school (10 Marks)
 - b) Explain FIVE differences between guidance and counselling in learning institutions (10 Marks)
12. There are several purposes of guidance and counseling in learning institutions
- a) Discuss FIVE benefits of guidance and Counseling (10 Marks)
 - b) Explain FIVE ways in which guidance and counselling are evaluated in learning institutions (10 Marks)
13. Counsellors in learning institutions use various counseling skills while conducting sessions with clients
- a) Discuss FIVE counseling skills in guidance and counseling (10 Marks)
 - b) Describe FIVE issues that students take for counselling in learning institutions (10 Marks)
14. You have been hired as a counsellor in a learning institution and expected to lead fellow employees in offering guidance and counselling services to learners.
- a) Discuss FIVE Principles of guidance and counselling that will guide your relationships (10 Marks)
 - a) Explain FIVE ways you will employ to gain competence in your area of practice (10Marks)