



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
BACHELOR OF SCIENCE IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION DECEMBER 2024

CHP 115: PRINCIPLES OF COMMUNITY HEALTH

DATE: WEDNESDAY 11TH DECEMBER, 2024

TIME: TWO HOURS

START: 9.00AM

FINISH 11.0AM

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections

Section A: Compulsory Question (30 Marks)

Section B: Long Answer Questions (40 Marks)

3. All questions in Section A are compulsory
4. Answer any TWO questions in Section B
5. This exam shall take 2 Hours

SECTION A: COMPULSORY (30 MARKS). SHORT ANSWER QUESTIONS

1. Highlight four ways of overcoming lack of utilization of health services by the community (4 Marks)
2. Name five determinants of disease prevention. (5 Marks)
3. State three ways in which politics play a key role in disease distribution (3 Marks)
4. Outline five principles of the social Model of Health (SMH) (5 Marks)
5. Highlight four limitations of home-based care approach of health promotion (4Marks)
6. Outline five objectives of home/community-based care and support. (5 Marks)
7. Assess four benefits of involving various stakeholders in implementing community health problems (4 Marks)

SECTION B: ANSWER ANY TWO (2) QUESTIONS (40 MARKS). LONG ANSWER QUESTIONS

8. Health promotion is the process of enabling people to increase control over the determinants of health and thereby improve their health
 - a. Differentiate between primary and secondary disease prevention as health promotion approaches (5 Marks)
 - b. Explain three strategies for health promotion (15 Marks)
9. Using the five action areas of Ottawa Charter, address the issue of childhood obesity at a child care center (20 Marks)
10. Most health conditions can be eliminated through change on how we socially interact with one another.
 - a. Explain five ways of influencing human behavior in order to prevent disease presence such as lung cancer. (10 Marks)
 - b. Discuss five importance of conducting community diagnosis prior to program implementation (10 Marks)