



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION DECEMBER 2024

UNIT CODE: DCHP 227

UNIT NAME: HIGH IMPACT INTERVENTION

DATE: WEDNESDAY 4TH DECEMBER, 2024

TIME: TWO HOURS **START:** 9.00AM **FINISH:** 11.00AM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)
3. Any aspect of cheating detected during and or after the exam administration will lead to disciplinary measures.

SECTION A: ANSWER ALL QUESTIONS (20 MARKS)

1. State two benefits of exclusive breastfeeding (2 marks)
2. Identify two common challenges about breastfeeding that community health workers should address with new mothers (2 marks)
3. State 4 methods to monitor growth and development in children under 5 years (2 marks)
4. Outline four objectives and importance of High impact interventions in community health (2 marks)
5. Define complementary feeding, and at what age is it typically recommended to begin? (2 marks)
6. List two nutrients that should be included in a balanced complementary feeding regimen for infants. (2 marks)
7. Identify four common signs that a child may need deworming? (4 marks)
8. Highlight two challenges caregivers may face when introducing complementary foods. (2 marks)
9. State two effective strategies for integrating deworming programs with complementary feeding initiatives in communities? (2 marks)
10. Define the term herd immunity (2 marks)

SECTION B: ANSWER ANY TWO (2) QUESTIONS (40 MARKS)

1. Discuss five role of community health workers in promoting exclusive breastfeeding in hospital settings. Include specific examples of practices or programs that can be implemented. (20 marks)
2. a). Discuss five misconceptions surrounding the introduction of complementary foods in infants and young children. (10 marks)
b) What role do community health workers providers play in educating parents about safe and effective feeding practices? (10 marks)
3. Discuss five strategies a community health worker can use to encourage immunization uptake in the community (20 marks)