

AMREF INTERNATIONAL UNIVERSITY SCHOOL OF PUBLIC HEALTH DEPARTMENT OF COMMUNITY HEALTH HIGHER DIPLOMA IN COMMUNITY HEALTH END OF SEMESTER EXAMINATION DECEMBER 2024

UNIT CODE: HDCH 011

UNIT NAME: PRINCIPLES OF COMMUNITY HEALTH

DATE: MONDAY 2ND DECEMBER, 2024

TIME: TWO HOURS START: 4.30PM FINISH 6.30PM

INSTRUCTIONS

1. This exam is marked out of 60 marks

2. This Examination comprises TWO Sections

Section A: Compulsory Question (20 Marks)

Section B: Long Answer Questions (40 Marks)

- 3. All questions in Section A are compulsory
- 4. Answer any TWO questions in Section B
- 5. This online exam shall take 2 Hours
- 6.Late submission of the answers will not be accepted
- 7. Ensure your web-camera is on at all times during the examination period
- 8. No movement is allowed during the examination
- 9.Idling of your machine for 5 min or more will lead to lock out from the exam
- 10. The Virtual Assessment System (VAS) has inbuilt integrity checks to detect cheating
- 11. Any aspect of cheating detected during and or after the exam administration will lead to disciplinary measures.
- 12. In case you have any questions call the unit Lecturer Ms. Jackie Mbuthia on or Head of Department Dr. Faith Muhonja on or ICT related question Mr. Patrick Njine on
- 13. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY (20 MARKS). SHORT ANSWER QUESTIONS

- Outline five roles of community health promoters in health promotion and disease prevention. (5mks)
- 2. State five sources of demographic data. (5mks)
- 3. Health for all is the ultimate goal of primary health care. State five elements of achieving that goal. (5mks)
- 4. Highlight five reasons of conducting community health diagnosis. (5mks)

SECTION B: ANSWER <u>ANY TWO (2)</u> QUESTIONS (40 MARKS). LONG ANSWER OUESTIONS

- 5. There are many factors that when combined affect the health of individuals, families, and the community.
- a. Discuss five impacts environmental determinants of health in a community.

(10mks)

b. People with lower levels of education tend to experience higher rates of negative health outcomes. Discuss five interventions you could come up with to address this health inequity.

(10mks)

- 6. Members of a population often rely on the same resources, are subject to similar environmental constraints, and depend on the availability of other members to persist over time.
- a. Discuss four major factors that influence population growth in your country. (8mks)
- b. Explain six strategies in which countries can effectively manage population growth and promote sustainable development. (12mks)
- 7. Demography focuses on the statistical study of populations, including size, distribution, age structure, and vital statistics.
- a. Define the demographic transition theory. (2mks)
- b. Explain the four stages of the demographic transition theory. (8mks)
- c. Explain five strategies you can apply the demographic transition theory to health and development. (10mks)