



AMREF INTERNATIONAL TRAINING CENTER

Qualification code : 092306T4SWC
Qualification : Social Work and Community Development Level 6
Unit code : BUS/OS/SW/CR/06/6
Unit of competency : Perform Home Based Care and Support

WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **THREE (3)** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of **THREE (3)** printed pages.*

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing

SECTION A: (40 MARKS)

Answer All the Questions in this Section

1. Explain the meaning of the following terms
 - a) Home-based Care (2 Marks)
 - b) Individual Care Plan (2 Marks)
2. Identify **four** areas in which home-based care activities is provided (4 Marks)
3. Home Based Care and Support is an important activity carried out by a social worker. Highlight **four** components of home-based Care (4 Marks)
4. One of the participants in home-based care is the patient. Mention **four** roles of such a patient (4 Marks)
5. The Government regards home-based care as a viable mechanism for delivering services because it has important benefits for everyone. Highlight four foundational principles of Home-based Care. (4 Marks)
6. Home-Based Care require the assistance of certain stakeholders to accomplish its objectives. Name FOUR stakeholders in Home Based Care (4 Marks)
7. Personal care and companionship services are one type of home-based care. State **four** services offered under this type of care. (4 Marks)
8. Record keeping is a key activity in Home based care. Identify **four** benefits of documentation in Home Based Care. (4 Marks)
9. You have been assigned to help a 45-year-old lady who has been diagnosed with a spinal injury after being involved in an accident. Outline **four** types of resources you can mobilize for the client to enhance her well-being. (4 Marks)
10. Highlight **four** benefits of networking in home-based care and support. (4 Marks)

SECTION B: (60 MARKS)***Answer Question 11 And Any Other Two in This Section***

11. A senior-aged husband and wife referred to as John Richardson and Jane Whitman, aged 78 and 86 respectively were both diagnosed with complicated illnesses (alzheimer), but wanted to remain together in the comfort and familiarity of their home. They knew a long-term home health care solution was the answer but did not know who could provide the caregiving and hospital-grade services they required. Assume you are one of the Home-based workers tasked to care for the client above;
- a) Identify **three** tools you will use to assess the client environment. (3 Marks)
 - b) Name **three** professionals you are likely to work with while providing home care services to the couple (3 Marks)
 - c) Outline **four** physical needs of the couple you are likely to take care of (4 Marks)
 - d) Mention **five** objectives of Home-based programs regarding Mr. Amani's case. (5 Marks)
 - e) Highlight **five** factors you will consider when developing a care plan the couple (5 Marks)
12. Good nutrition is essential for maintaining strength and the body's immune system. Attention to nutrition should begin as soon as the person is diagnosed with a disease.
- a. Discuss **five** factors that may influence nutrition. (10 Marks)
 - b. Explain **five** roles of health care workers in home-based care and support programs (10 Marks)
13. Home-based care is provided to patients in their communities. Communities are therefore required to initiate and sustain activities that support it.
- a) Explain **five** benefits of community mobilization to Home Based care and Support programs. (10 Marks)
 - b) Mobilizing the community for home-based care services can be done in a variety of ways. Explain **five** different ways of mobilizing the community into Home Based Care programs. (10 Marks)

14. To effectively provide Home-based care, there are certain resources that are required at every level of the home-based care continuum.

- a) Describe **five** resources required in Home-based Care and Support (10 Marks)
- b) Explain **five** reasons for referral of a client to Home based care (10 Marks)

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