



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTERS IN SEXUAL AND REPRODUCTIVE HEALTH RIGHTS AND POLICY
END OF SEMESTER EXAMINATION DECEMBER 2024

UNIT CODE: HSR 705

UNIT NAME: SEXUALITY EDUCATION & ADOLESCENT SEXUAL & REPRODUCTIVE HEALTH & RIGHTS

DATE: WEDNESDAY 18TH DECEMBER 2024

TIME: THREE HOURS **START:** 5.00 PM **STOP:** 8.00PM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory 15 Marks
Section B: Answer THREE questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. The Virtual Assessment System VAS has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to will lead to disciplinary measures.
10. In case you have any questions call the unit Lecturer Prof. Owour Olungah on Tel. +254722217132 or the Head of Department on Tel +254723742370 or ICT related questions Mr. Patrick Njine on +254725835496
11. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY (15 MARKS)

1. James is a 16-year-old high school student currently grappling with his sexual identity and has been trying to establish a love relationship with a classmate one year his junior. They live in a remote and underserved village in an African country and have not had proper access to comprehensive reproductive health information either in school or in the community. As a reproductive health specialist, how would you ensure that these two adolescents receive accurate and comprehensive reproductive health information? (8 marks).
2. *“As long as the elders as well as the clergy advise me that sex is evil and should not be done or even talked about, I will not even listen to any boy in the community or anywhere else since that would be sinful and against cultural norms”*. (Declares a 18 year old who just completed high school). As an advocate of sexual and reproductive health and rights, how can you effectively assist this young adolescent girl through the engagement of the local community leaders or religious figures in promoting adolescent reproductive health while respecting cultural as well as religious beliefs and practices? (7 marks).

SECTION B: ANSWER ANY THREE (3) QUESTIONS (45 MARKS)

3. Agnes who is a 17-year girl and a high school graduate believes that the conservative nature of her parents regarding sexual and reproductive health and rights have been overcome by events resulting from the technological revolution occasioned by the various digital platforms. She believes that this development has ensured that adolescents are able to get crucial reproductive health information in real time. Despite this reality, there are those who believe that digital platforms can also be a source of misinformation and age inappropriate information that pollutes the young minds. As an expert, how would you design an application or online resource that provides accurate reproductive health information to adolescents, while ensuring privacy and accessibility? (15 marks).
4. In many countries in Africa, there are restrictions and ethical requirements that dictate that minors should be accompanied by their parents or legal guardians or their consents are critical before the provision of reproductive health services. Alice who is 14 years and pregnant and is possibly suffering from a sexually transmitted infection (STI)

comes to your clinic seeking your services as a provider of sexual and reproductive health services, how will you handle her bearing in mind the legal and ethical guidelines? (15 marks).

5. *“From birth, I have found myself attracted to fellow boys and this really disturbed my family. While in Secondary school, I got into a romantic relationship with fellow students and we even experimented with anal intercourse. This led to an infection and while at the school clinic, the nurse could not diagnose my problem since I was afraid of telling her the truth. I was afraid of being branded gay and suffered in silence throughout the term. During the school holidays, I sought medical attention through the help of my brother whom I opened up. The experience at the facility where he took me was scary and I have never forgotten that day”.* (Confesses David who is a 20-year-old law student at a local University who is also living with physical impairment). From a rights perspective, how would you address David’s issue of unequal access to reproductive health services among adolescents, particularly for marginalized groups such as LGBTQ+ youth or those living with disabilities? (15 marks).
6. In many traditional communities in Africa, youth is a stage where you are not expected to be a key decision maker and elders are seen as reservoirs of knowledge and custodians of wisdom. Rarely are the young people accorded the opportunity to determine their destiny more so in matters reproduction. Many myths and stereotypes are used to discourage them from understanding and appreciating their own bodies. Given the current realities based on the saying *“Nothing for us without us”*, How can young people be effectively involved in the decision-making processes regarding reproductive health policies that affect them? (15 marks).