



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTERS IN SEXUAL & REPRODUCTIVE HEALTH RIGHTS & POLICY
END OF SEPTEMBER -DECEMBER 2024 SEMESTER EXAMINATIONS

UNIT CODE: HSR 707

UNIT NAME: THE POLICY PROCESS IN SEXUAL REPRODUCTION HEALTH AND RIGHTS

DATE: TUESDAY 17TH DECEMBER 2024

TIME: THREE HOURS **START:** 5.00 PM **STOP:** 8.00PM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: 1 Compulsory question 15 Marks
Section B: Answer three questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. Virtual Assessment System (VAS) has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to disciplinary measures.
10. In case you have any questions call the unit Lecturer Com. Winnie Lichuma on Tel. +254721952322 and or the Head of Department on Tel 0723742370 or ICT related questions Mr. Patrick Njine on +254725835496
11. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY (15 MARKS)

1. a) What is public health policy and why is it important? (5 marks)
- b) Your government has appointed you as the Head of the Sexual Reproductive Health and Rights (SRHR) Unit. The first task assigned to you is to develop a National Sexual and Reproductive Health and Rights (SRHR) Policy. The policy needs assessment already undertaken and presented to you indicate that socio-economic, political, cultural, legal and ethical issues influence SRHR in your country among others.

Provide Key ten (10) SRHR priority policy issues/areas you will consider for inclusion from your country and provide 3 policy statements for each area you select (10 marks).

SECTION B: ANSWER ANY THREE (3) QUESTIONS (45 MARKS)

2. International health policies are advanced by negotiations, agreements and binding treaties upon ratification by States through domestication. The International Conference on Population and Development (ICPD Cairo) 1994 is a Landmark International Policy Framework, together with its ICPD Platform of Action for defining reproductive health and reproductive rights.
In 2020, the ICPD + 25 meeting was held in Nairobi to take stock of the progress. The concluding verdict was that despite progress made over the years, the ICPD programme remains a distance reality for millions of people in the world. Africa was found to have the worst SRHR indicators.
 - a) Name and discuss 5(five) Sexual Reproductive Health and Rights (SRHR) key issues that remain a challenge in your country stating why they are far from being met (10 marks).
 - b) Women and girls are a key stakeholder among those to be consulted during public Sexual Reproductive Health and Rights Policy formulation and implementation in your country. State and explain five (5) reasons why they have to be consulted? And what value they add. (5Marks)
3. County YY has identified the need to develop a stand-alone Adolescent Sexual and Reproductive Health Rights Policy. (ASRHR) You are contracted by your country as an expert to develop the policy.

Respond to the following: -

- a) State and elaborate 5(five) objectives of the ASRHR policy. (5 marks).

- b) Name 5 (five) key challenges that African countries face in implementation of ASRHR policies. (5 marks).
- c) Make recommendations of 5(five) critical roles that policy makers could allocate to Adolescents and young person's themselves for effective implementation of the ASRHR policy. Provide explanation for the actions you recommend. (5 marks)
- 4.** Your supervisor requests you to draft a concept paper to introduce the development of a new Sexual Reproductive Health and Rights (SRHR) Policy 2025 – 2030 in your country.
- a) State and explain the steps of policy formulation you will take. (5 marks).
- b) Name 5(five) key stakeholders you will identify as key and discuss why they are important in the process of policy formulation. (5 marks).
- c) Identify and discuss and (5) (five) key Sexual and Reproductive Health Issues that you propose to include in the SRHR Policy context stating briefly, why each is important for your respective countries (5 marks)
- 5.** SRHR Policy implementation process must set priorities and provide clear indicators for monitoring and evaluation of the process of implementation.
- a) Using strategic focus intervention areas given below, provide and briefly explain 5 priority actions /interventions (for each area) and proposed indicators you would include in the implementation plan of a SRHR policy. (10 marks)
- i) Improvement of political goodwill.
- ii) Develop regulations or legislations to support implementation of SRHR policy issues identified.
- iii) Gender equality empowerment of women and girls.
- iv) Improve SRHR information, education and communication.
- v) Invest in adolescent, youth and other vulnerable and marginalized population.
- b) African Countries experience great gaps and challenges in implementation of SRHR policies. Provide 5 reasons stating why SRHR policies in Sub-Saharan Africa never get to be fully implemented (5 marks).
- 6.** a) What is Advocacy for purposes of SRHR and state why it is important during implementation phase? (5 marks)
- b) Identify and discuss key steps in development of an Advocacy Plan for SRHR in your country, stating 3 key considerations in every step you take. (10 marks)