



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**MASTERS IN SEXUAL AND REPRODUCTIVE HEALTH RIGHTS AND POLICY**  
**END OF SEMESTER EXAMINATION DECEMBER 2024**

**UNIT CODE:** HSR 709

**UNIT NAME:** POPULATION MANAGEMENT POLICIES & RIGHTS RELATING TO  
CONTRACEPTION

**DATE:** MONDAY 16<sup>TH</sup> DECEMBER 2024

**TIME:** THREE HOURS      **START:** 5.00 PM      **STOP:** 8.00PM

**INSTRUCTIONS**

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory 15 Marks  
**Section B:** Answer THREE questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. The Virtual Assessment System (VAS) has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to will lead to disciplinary measures.
10. In case you have any questions call the unit Lecturer Prof. Owour Olungah on Tel. +254722217132 or the Head of Department on Tel +254723742370 or ICT related questions Mr. Patrick Njine on +254725835496
11. For adverse incidences please write an email to: [amiu.examinations@amref.ac.ke](mailto:amiu.examinations@amref.ac.ke)

## **SECTION A: COMPULSORY (15 MARKS)**

1. You are a public health official in a country with a high population growth rate. The government has introduced a population management policy that promotes smaller families. How would you implement this policy in rural areas where larger families are the norm, without causing social resistance? (7 marks).
2. Population management policies often face different challenges in urban and rural areas. How would you adapt family planning services to meet the unique needs of both urban and rural populations in your country? (8 marks).

## **SECTION B: ANSWER ANY TWO QUESTIONS**

3. In some communities, adolescents and unmarried individuals may face barriers to accessing contraceptives. How would you address these challenges while ensuring that everyone has the right to make informed reproductive choices? (15 marks).
4. In countries where legal frameworks restrict access to certain contraceptives or require spousal/parental consent, how would you advocate for policy reforms that promote reproductive rights and autonomy? (15 marks).
5. In countries with declining fertility rates, how can population management policies support individuals who want to have children, while also ensuring that contraceptive rights are upheld for those who do not? (15 marks).
6. A healthcare provider is recommending long-term contraceptive options to women in a low-income community. How would you ensure that informed consent is ethically obtained, especially when some women may have limited health literacy or face social pressure? (15 marks).