



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF MEDICAL SCIENCES**  
**DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES**  
**KENYA REGISTERED COMMUNITY HEALTH NURSING**  
**Supplementary/ Special Examination Dec 2024**

**COURSE CODE AND TITLE: DNS 213: Sexual and Reproductive Health and Family Planning**

**DATE: WEDESDAY 4<sup>TH</sup> DECEMBER 2024**

**TIME: 2 Hours**

**START: 0900 HOURS**

**FINISH: 1100 HOURS**

**INSTRUCTIONS**

- 1. This exam will be marked out of 70 Marks**
- 2. ALL Questions are compulsory.**
- 3. The Examination has Three Sections: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions**
- 4. Answer all Questions in the ANSWER BOOKLET provided**
- 5. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.**

**SECTION I: MULTIPLE CHOICE QUESTIONS (10 MARKS)**

1. Oral contraceptive pills function by inhibiting:-
  - a) Fertilization
  - b) Ovulation
  - c) Reproduction
  - d) Implantation
  
2. In a 28 day human ovarian cycle, ovulation occurs on approximately:-
  - a) Day 1
  - b) Day 5
  - c) Day 14
  - d) Day 28
  
3. The mode of action of copper T intrauterine device is:-
  - a) Inhibits ovulation
  - b) Blocks the fallopian tubes
  - c) Thickens cervical mucous
  - d) Interferes with spermatozoa
  
4. Indicate whether the following statements are TRUE (T) or FALSE (F):-
  - a) Triphasic combined oral contraceptives contain three different hormones
  - b) Low dose combined oral contraceptives are not very effective due to the low level of hormones
  
5. Indicate whether the following statements are TRUE (T) or FALSE (F):-
  - a) A client would rather use a contraceptive that is effective than one suited to their needs
  - b) Service providers can get job satisfaction from providing quality Family Planning care to clients

6. Partial or total removal of the clitoris and the labia minora, with or without excision of the labia majora is referred to as:-
  - a. Infibulation
  - b. Clitoridectomy
  - c. Excision
  - d. Severe FGM
7. According to Sigmund Freud's theory of psychosexual development, attraction to members of the opposite sex outside of the family occurs during:-
  - a. Genital stage
  - b. Phallic stage
  - c. Latency stage
  - d. Adult stage
8. Adverse mental health outcomes of gender based violence include:-
  - a. Unwanted pregnancies and suicide
  - b. Depression and homicide
  - c. Obsessive compulsive disorder and permanent disability
  - d. Low-self-esteem and anxiety
9. Indicate on the answer sheet provided whether the following statements are True (T) or False (F):-
  - a. Women are raped by strangers in dark places outside their homes
  - b. Gender inequity, abuse of power and lack of respect for human rights are the three overriding causes of sexual and gender based violence
10. During the latency stage of psychosexual development:-
  - a. The child's sexuality is awakened
  - b. Sex roles are learned
  - c. Children learn to deal with members of the opposite sex
  - d. The child's focus is on social interactions

## **SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)**

11. Differentiate between primary and secondary infertility (4 marks)
12. Explain the advantages of family planning to
  - a) The individual (2 marks)
  - b) To the family (2 marks)
  - c) To community/nation (2 marks)
13. Differentiate between family planning and contraception (4 marks)
14. State six (6) barriers to use of family planning (6 marks)
15. State five (5) differences between gender and sex (5marks)
  
16. Explain five (5) factors that contribute to sexual and gender based violence  
(5marks)

## **SECTION III: LONG ANSWER QUESTIONS (30 MARKS)**

17. A client has come to the clinic and has an underlying medical condition that may limit their contraceptive use.
  - a. Describe the medical eligibility criteria (8 marks)
  - b. State six (6) essential messages given to family planning clients (7 marks)
18. You are the county reproductive health nurse county X. Master T, a youth representative in your county has reported to you that the youth have no access to sexual and reproductive health (SRH) services in your county.
  - c. Outline three models for the provision of Youth Friendly Services (3 marks)
  - d. Explain six (6) strategies you would use to increase the utilization of SRH services at a youth friendly facility.(12 marks)