



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN NURSING (PRE-SERVICE PROGRAM)
END OF TRIMESTER EXAMINATIONS AUGUST 2022**

UNIT CODE: BSN 111 UNIT NAME: FUNDAMENTALS OF NURSING I

DATE: 29th July, 2022

TIME: 2 Hours

Start: 0900 Hours

Finish: 1100 Hours

INSTRUCTIONS

- 1.** This exam will be marked out of **70 Marks**
- 2.** This Exam has TWO Sections. Section A: Multiple Choice Questions, Section B: Short Answer Questions
- 3.** Answer ALL Questions in the Answer booklet provided

SECTION A: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. The scope of Nursing practice is legally defined by:-
 - a. The nursing practice act
 - b. Professional nursing organizations
 - c. Hospital policy and procedure manuals
 - d. Physicians in the employing institutions

2. The tort that applies when an unconscious client falls out of bed because the primary nurse forgot to raise the side rails is:-
 - a. Malpractice
 - b. Assault
 - c. Battery
 - d. Negligence

3. Nursing's paradigm includes:
 - a. Health, person, environment and theory
 - b. Concepts, theory, health and environment
 - c. Nurses, physicians, models and client needs
 - d. The person, health, environment and nursing

4. In the termination phase of the therapeutic interpersonal process as proposed by Hildegard Peplau:-
 - a. A therapeutic exchange occurs
 - b. There is reserved interaction
 - c. The nurse and patient must work interdependently
 - d. There is risk of difficulty in ending the relationship.

5. The statement that best portrays nursing in **early civilizations** is: -
 - a. Women who committed crimes were recruited into nursing the sick in lieu of serving jail sentences.
 - b. Nurses identified the personal needs of the patient and their role in meeting those needs.
 - c. Women called deaconesses made the first visits to the sick, and male religious orders cared for the sick and buried the dead.
 - d. The nurse was the mother who cared for her family during sickness by using herbal remedies.

6. The model of nursing care that works best when there are many patients but few nurses is:-
 - a. Functional nursing
 - b. Team nursing
 - c. Primary nursing
 - d. Total patient care

7. The step of the nursing process characterized by systematic collection of all subjective and objective data about the client is known as: -
 - a. Assessment
 - b. Planning
 - c. Implementation
 - d. Diagnosis

8. The stage of the Nursing process in which the client is appraised for expected outcomes is known as: -
 - a. Implementation
 - b. Evaluation
 - c. Assessment
 - d. Diagnosis

9. A theory is a set of concepts, definitions, relationships, and assumptions that:
 - a. Formulates legislation
 - b. Explains a phenomenon
 - c. Measures nursing functions
 - d. Reflects the domain of nursing practice

10. A document used to manage clients that is guided by nursing assessments, diagnoses, goals, plans for care, specific actions for care implementation and evaluation is known as: -
 - a. Nursing care plans
 - b. Nursing notes
 - c. Narrative planning
 - d. Kardex

11. The use of evidenced-based practice in nursing science means that: -
 - a. One theory will guide nursing practice.
 - b. Scientists will make nursing decisions.
 - c. Theories will be tested to describe or predict client outcomes.
 - d. Nursing will base client care on the practice of other sciences.

12. The first component of the critical thinking model for clinical decision making is:-
- Experience
 - Nursing Process
 - Attitude
 - Scientific knowledge base
13. As a science, nursing relies on:
- Experimental research
 - Non-experimental research
 - Physician-generated research
 - Scientifically tested knowledge
14. Watson's carative factors include all the following, EXCEPT:
- Cultivating sensitivity to self and others
 - Strengthening flexible lines of defense
 - Instilling faith-hope
 - Forming humanistic-altruistic value system
15. A nurse who describes a client as "that big headed egomaniac in room 3," is legally liable for: -
- Malpractice
 - Assault
 - Libel
 - Slander
16. Performing a nursing procedure on a client without their consent can lead to a civil tort known as: -
- Assault
 - Battery
 - Autonomy
 - Fraud
17. The nurse who threatens to inject a client if they refuse to take an oral medication is laible for:-
- Assault
 - Battery
 - Negligence
 - Invasion of privacy
18. The theorist who proposed that "Nursing is therapeutic interpersonal process" is
- Hildegard Peplau
 - Jean watson
 - Faye Glen Abdelah
 - Martha Rogers

19. The following statement is related to Florence Nightingale:-
- Nursing is caring.
 - The role of nursing is to facilitate "the body's reparative processes" by manipulating client's environment.
 - Nursing is the science and practice that expands adaptive abilities and enhances person and environment transformation
 - Nursing care becomes necessary when client is unable to fulfill biological, psychological, developmental, or social needs
20. A behavior by a student nurse that will warrant intervention by a qualified nurse preceptor is: -
- The student nurse reviews the patient's medical record.
 - The student nurse reads the patient's plan of care.
 - The student nurse shares patient information with a friend
 - The student nurse documents medication administered to the patient

SECTION B: SHORT ANSWER QUESTIONS (50 MARKS)

- Outline five (5) characteristics of nursing that make it a profession (5 Marks)
- State five (5) benefits of evidence based practice to nursing (5 Marks)
- Outline five (5) reasons why critical thinking is important in nursing practice (5 Marks)
- State five (5) roles of the nursing council of Kenya (5 Marks)
- Outline any five (5) canons central to nursing according to Florence Nightingale's environmental theory (5 Marks)
- Outline four (4) rights and obligations of the sick role (4 Marks)
- Describe the role of any (3) historical events in the professionalization of nursing (6 Marks)
- Outline five (5) ways in which nurses can avoid malpractice (5 Marks)
- With the use of appropriate examples describe any five (5) ethical principles that guide the practice of nursing (10 Marks)