



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN NURSING (PRE-SERVICE PROGRAM)
END OF SEPTEMBER -DECEMBER TRIMESTER EXAMINATIONS

UNIT: BSN 111 FUNDAMENTALS OF NURSING I
DATE 2ND DECEMBER 2022

TIME: 3 Hours **Start:** 0900 Hours **Finish:** 1100 Hours

INSTRUCTIONS

1. This exam will be marked out of 70 Marks
2. This Exam has THREE Sections. Section A: Multiple Choice Questions, Section B: Short Answer Questions Section C: Long Answer Questions
3. Answer ALL Questions in the Answer booklet provided
4. Do not write on the question paper. Use the back of the answer booklet for any rough work

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. In the core care and cure model of nursing, the core:-
 - a. Is the individual receiving nursing care
 - b. Refers to the major therapeutic interventions carried out to restore health
 - c. Includes therapeutic communication during nurse patient interactions
 - d. Is the central aspect of all therapeutic interactions

2. The historical event that significantly contributed to the regression of nursing is:-
 - a. The protestant movement
 - b. The crusades
 - c. The influence of Florence Nightingale
 - d. First and second world wars

3. In the Self-care deficit theory, the nursing system utilized when providing health teachings on maintaining a healthy lifestyle to well clients is :-
 - a. Wholly compensatory system
 - b. Supportive educative system
 - c. Partially compensatory system
 - d. Wellness system

4. The following is a clear violation of the principles of professional nursing ethics:-
 - a. Following an institutional policy to always escalate care when a patient has an episode of cardiorespiratory arrest
 - b. When a nurse administers a medication to a client without the client's consent
 - c. When nurses agree to fundraise to support a labor strike proposed by nurses at another facility
 - d. A client reporting that they lied when asked their medical history

5. The theory that defines nursing as the science and practice that expands adaptive abilities to enhance person and environment transformation is:-
 - a. Callista Roy's adaptation model
 - b. Virginia Henderson's definition of nursing
 - c. Faye Glen Abdelah's theory
 - d. Goal attainment theory

6. The definition of nursing attributed to Florence Nightingale is:-
 - a. Nursing is a therapeutic interpersonal process
 - b. The role of nursing is to put the patient in the best position for nature to act on them
 - c. Nursing is a unique profession, concerned with all the variables affecting an individual's response to stressors.
 - d. Nursing is a theoretical system of knowledge that prescribes a process of analysis and action related to care of the ill person

7. The most unique attribute of the nursing profession is :-
 - a. Caring
 - b. Education
 - c. Theory
 - d. Autonomy

8. The most critical aspect of developing the ability to know the patient as part of the clinical decision making process is:-
 - a. Working in multiple health care settings
 - b. Learning good communication skills
 - c. Spending time establishing relationships with patients
 - d. Relying on evidence in practice

9. The first component of the critical thinking model for clinical decision making is:-
 - a. Experience
 - b. Nursing process
 - c. Attitude
 - d. Scientific knowledge base

10. The patient scenario that best demonstrates of critical thinking is:-
 - a. Administering pain relief medication according to what was given last shift
 - b. Asking a patient what pain relief methods, pharmacological and nonpharmacological, have worked in the past
 - c. Offering pain relief medication based on physician orders
 - d. Explaining to the patient that his reports of severe pain are not consistent with the minor procedure that was performed

11. The following demonstrates a nurse utilizing self-reflection to improve clinical decision making:-
 - a. Uses an objective approach in all situations
 - b. Obtains data in an orderly fashion
 - c. Improves a plan of care while thinking back on interventions performed
 - d. Provides evidence-based explanations for all nursing interventions

12. A nurse who steals narcotic drugs from a clinical unit to use for their own recreational purposes is committing a :-

- a. Felony
 - b. Tort
 - c. Misdemeanor
 - d. Malpractice
13. To respect a client's personal space and territoriality, the nurse:
- a. Ensures there is signed consent before any interactions with a client
 - b. Explains interventions and seeks consent prior to instituting care
 - c. Keeps the curtains pulled around the clients bed at all times
 - d. Stands at least 6 feet away from the patient at all times.
14. Advocacy as a role of the nurse includes:-
- a. Seeking out the nursing supervisor situations of conflict
 - b. Understanding the legal implications of a client's clinical condition.
 - c. Assessing the client's point of view articulating it as necessary
 - d. Documenting all clinical changes in the medical record in a timely manner
15. An ethical framework guiding decision making that relies on the strength of character of the individual making the decision is :-
- a. The moral framework
 - b. Duty based frameworks
 - c. Virtue based framework
 - d. Consequentialist framework
16. In the health belief model , the variable that includes the influence from peers and social pressure is:-
- a. Demographic
 - b. Sociopsychologic
 - c. Structural
 - d. Cues to action

17. The term used when referring collectively to the four concepts of nursing, person, environment, health as used in nursing theory is:-
- Paradigm
 - Conceptual model
 - Grand theories
 - Theoretical assertions
18. The type of law that applies when a nurse's license is suspended by the Nursing Council of Kenya because of practicing for years without renewing their licence or meeting the continuous education requirements is:-
- Case law
 - Administrative law
 - Civil law
 - Statutory law
19. During the change of shift report, a nurse comments that a client in the unit "really respects his whiskey" the nurse is liable for:-
- Misdemeanor
 - Slander
 - Insulting language
 - Breach of confidentiality
20. The ethical theory used when public health initiatives implement mass sex education campaigns to sensitise adolescents and teenagers on safe reproductive health practices despite their being underage is the :-
- Utilitarian theory
 - Common good theory
 - Deontological theory
 - Divine command theory

SECTION B: SHORT ANSWER QUESTIONS (30 MARKS)

1. Outline the five (5) values central to the profession of Nursing (5 Marks)
2. Outline the first four (4) stages of the nursing process in sequence (4 Marks)
3. Describe any four (4) intentional torts in nursing practice, giving an example of each (8 Marks)
4. Outline five(5) barriers to evidence based practice in Nursing (5 Marks)
5. Outline four (4) roles of the Nursing Council of Kenya (4 Marks)
6. Outline four (4) characteristics of NURSING that make it a profession (4 Marks)

SECTION C: LONG ANSWER QUESTION (20 MARKS)

2. Ethical principles that guide the practice of nursing are critical to professional practice
 - a. List the six (6) ethical principles that guide the practice of nursing (3 Marks)
 - b. Describe the six (6) ethical principles that guide the practice of nursing using examples to demonstrate their application (17 Marks)