



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT
MASTER OF SCIENCE IN HEALTH PROFESSIONS EDUCATION
END OF SEMESTER EXAMINATION MAY-AUGUST 2026

UNIT CODE: HPE 742:

UNIT NAME: SUPERVISION, MENTORSHIP AND COACHING FOR PERFORMANCE

DATE: ...10th AUGUST 2026.....

TIME: THREE HOURS

Start: ...5:30PM... Finish...8:30 PM.....

INSTRUCTIONS

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (25 marks)
Section B: Long Answer Questions (75 marks)

SECTION A: Short Answer Questions (COMPULSORY)

Question 1

The understanding of supervision, mentorship, and coaching is for both students and staff in health professions for effectiveness in learning and optimisation of quality performance respectively.

- a) Explain the following concepts;

i. Supervision	(2 marks)
ii. Coaching	(2 marks)
iii. Challenge	(2 marks)
iv. Mentoring	(2 marks)
- b) Highlight FOUR characteristics of a supervisee (8 marks)
- c) Discuss two ways in which mentorship;

- i. Improves critical and reflective skills (2 marks)
 - ii. Benefits individuals and organisations (2 marks)
- d) State five challenges faced by teachers in giving and receiving feedback (5 marks)

SECTION B: Answer Any Three (3) Questions

Question 2

Discuss five challenges and remedial measures related to students and staff in health professions during mentorship (25 marks)

Question 3

Discuss the influence of the following factors in selection of a mentor in education and training of health professionals;

- a) Increased confidence and self-esteem (5 marks)
- b) Professional growth and development (5 marks)
- c) An accelerated rate of learning (5 marks)
- d) Development of networks (5 marks)
- e) Improved acquisition of skills and competence (5 marks)

Question 4

Discuss the purpose of the following in mentorship for students and staff in health professions education;

- a) Motivation (5 marks)
- b) Improvement of critical and reflective skills (5 marks)
- c) Individual and organisation benefits (5 marks)
- d) Professionalism (5 marks)
- e) Patient involvement in teaching. (5 marks)

Question 5

Discuss five roles and responsibilities of a mentee in a health training learning institution. (25 marks).

Question 6

With regards to approaches in supervision, mentorship and coaching, discuss the nature and importance of the following concepts;

- a) Managerial supervision (5 marks)
- b) Voluntary supervision (5 marks)
- c) Formal supervision (5 marks)
- d) Peer mentoring (5 marks)
- e) Coaching (5 marks)