



AMREF INTERNATIONAL UNIVERSITY

SCHOOL OF PUBLIC HEALTH

DEPARTMENT OF COMMUNITY HEALTH

DIPLOMA IN COMMUNITY HEALTH PRACTICE

END OF SEMESTER EXAM MAY-AUGUST, 2026

UNIT CODE: DCHP 121

UNIT NAME: PRIMARY HEALTH CARE

DATE: 3rd August, 2026

TIME: Two Hours **Start: 9AM** **Finish: 11AM**

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. The Examination comprises Two sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)
3. Answer All Questions in Section A.
4. For Section B, question one is **compulsory**, then answer one other question.
5. Use the university examination booklet provided.
6. Write your student Registration Number on all the answer sheets used.

SECTION A

SHORT ANSWER QUESTIONS: ANSWER ALL QUESTIONS

1. List FOUR principles of Primary Health Care (4marks)
2. State FOUR roles of community health units in Primary Health Care delivery (4marks)
3. Highlight FOUR intersectoral sectors involved in Primary Health Care (4marks)
4. Outline List FOUR objectives of the Kenya Primary Health Care Strategy (2019–2024) (4marks)
5. State FOUR indicators used to monitor the performance of community health units (4marks)

SECTION B

LONG ANSWER QUESTIONS: ANSWER QUESTION ANY TWO QUESTIONS

1. Turkana South Sub-County has implemented Kenya's Primary Health Care model for two years through Community Health Units and Community Health Promoters. Results are mixed: some units face stock-outs and staffing gaps, while others with active community involvement show better health outcomes. The Sub-County Health Management Team has asked public health officers to review the program.
 - a) Discuss FIVE challenges affecting Primary Health Care implementation **(10 marks)**
 - b) Examine FIVE strategies for strengthening community participation in Primary Health Care **(10 marks)**
2. In Kitui County, poor water access, low school enrolment, and weak roads have worsened health outcomes despite investment in Community Health Units. Recognizing this, the Sub-County Health Management Team has begun engaging the water, education, and roads departments alongside the health sector to strengthen Primary Health Care delivery
 - a) Analyze FIVE strategies for strengthening intersectoral collaboration in Primary Health Care delivery **(10 marks)**
 - b) Discuss FIVE social determinants of health illustrated in the scenario above and their effect on Primary Health Care delivery **(10 marks)**
3. "Amina, a newly posted nursing officer, is transferred to a rural dispensary in Kajiado County. On her first week, she refers a mother with a complicated delivery to the nearest sub-county hospital, and later attends a staff meeting where her colleagues discuss why Kenya's health system is organized the way it is, and why global health thinking still traces back to a conference held in Kazakhstan in 1978."

Based on the scenario above, answer the following:

- a) Describe the structure of the Kenya health system, including facility levels and the referral pathway **(10 marks)**
- b) Trace the historical development of Primary Health Care from the Alma-Ata Declaration (1978) to the Astana Declaration (2018), and discuss its influence on Kenya's health policy **(10 marks)**