



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
END OF SEMESTER DECEMBER 2023 EXAMINATIONS**

COURSE CODE AND TITLE: DCHN 221 SPECIALIZED AREAS IN NURSING

DATE: 8TH DECEMBER 2023

Duration: 2 HOURS

Start: 11:15 AM

Finish: 1:15 PM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS**(20 MARKS)**

1. The following is a primary responsibility of a nurse leader: -
 - A. Providing direct patient care
 - B. Administering medications to patients
 - C. Ensuring the nursing unit operates efficiently
 - D. Conducting nursing research studies
2. The most appropriate action for a nurse manager when addressing a conflict between two nursing staff members is: -
 - A. Ignore the conflict and hope it resolves itself
 - B. Mediate a discussion between the two staff members
 - C. Take sides and support one staff member over the other
 - D. Discipline both staff members involved in the conflict
3. The following is an example of a quality improvement measure implemented by a nurse leader: -
 - A. Developing a new policy for documenting patient care
 - B. Disciplining a nurse for a medication error
 - C. Implementing an old medication administration system
 - D. Assigning additional tasks to nursing staff to improve productivity
4. The purpose of a mentoring program for new nurses is to: -
 - A. provide social activities for new nurses
 - B. assign a mentor to supervise new nurses closely
 - C. provide ongoing support and guidance to new nurses
 - D. evaluate the performance of new nurses
5. The following is an example of an informal leader in a nursing unit: -
 - A. The nurse manager who oversees the unit
 - B. The nurse with the most years of experience on the unit
 - C. The nurse assigned as a charge nurse for the shift
 - D. The nurse who is not in a formal leadership position but is respected and influential among peers
6. A nurse manager is conducting performance evaluations for the nursing staff. The purpose of performance evaluations is to: -
 - A. To determine promotions and salary increases
 - B. To identify areas for improvement and professional growth
 - C. To criticize and reprimand underperforming employees
 - D. To establish a hierarchy and power structure on the unit
7. A key skill for effective nursing management and leadership is: -
 - A. Technical expertise in nursing procedures
 - B. Strict adherence to hospital policies and protocols
 - C. Effective communication and interpersonal skills
 - D. Micromanaging every aspect of the nursing unit

8. A nurse leader is promoting a culture of safety on the nursing unit. An essential component of a culture of safety is: -
- A. Blaming individuals for errors and mistakes
 - B. Focusing solely on productivity and efficiency
 - C. Encouraging open communication and reporting of errors
 - D. Implementing strict disciplinary actions for errors
9. An advantage of role plays during teaching: -
- A. Saves time
 - B. Teacher has full control
 - C. Promotes empathy
 - D. Frees facilitators time
10. The degree to which the student must perform the behavior comprises describes which part of a learning objective: -
- A. The Condition
 - B. Act of performance
 - C. Action verb
 - D. Criterion
11. Stimulus variation skills of a teacher during a teaching session include: -
- A. Greeting the learners
 - B. Stating the objectives of the teaching session
 - C. Engaging the students in buzz groups
 - D. Summarizing the session by asking learners questions
12. The type of hallucination that may be experienced as sensations of being touched is: -
- A. Visual Hallucinations
 - B. Olfactory Hallucinations
 - C. Tactile Hallucinations.
 - D. Auditory Hallucinations.
13. Some of the symptoms displayed by patients suffering from dementia are associated with impairment of: -
- A. intellect, memory, personality
 - B. behavior, orientation, electrolyte imbalance
 - C. mood, autonomic nervous system, intellect
 - D. memory, personality, consciousness

14. A type of personality disorder characterized by a detachment of social relationships is: -
- A. Paranoid
 - B. Schizoid
 - C. Schizotypal
 - D. Dependent
15. The neurotransmitters involved in depression are: -
- A. GABA and dopamine
 - B. Serotonin and norepinephrine
 - C. Dopamine and serotonin
 - D. GABA and norepinephrine
16. A method of discussion where a teacher poses a question then allows students to discuss in pairs, then pairs join to make larger groups is known as: -
- A. Brainstorming session.
 - B. Syndicate discussion.
 - C. Panel discussion.
 - D. Snowball discussion.
17. Formative evaluation deals with evaluating learner's: -
- A. Achievement of competence.
 - B. Progress towards demonstrating competency.
 - C. Level of development of appropriate attitudes.
 - D. Level of development of independence.
18. Non-projected learning aids for health workers include: -
- A. Flip charts, overhead projector, chalk board.
 - B. Chalk board, posters, handouts
 - C. Films, flannel boards, slides.
 - D. Video cassettes, posters, real objects.
19. Oral examinations have low reliability because: -
- A. The examiners usually have bias and variation in scoring.
 - B. The students are not assessed on what they will do in the field.
 - C. Only a small percentage of the candidate's knowledge can be assessed.
 - D. It is suitable for un-educated candidates.

20. According to Jean Piaget, the factor that plays an important role in influencing development is: -

- A. Reinforcement
- B. Language
- C. Experience with physical world
- D. Imitation

SECTION II: SHORT ANSWER QUESTIONS **(30 MARKS)**

1. State three (3) strategies you will use to effectively manage time in your department
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(3 marks)
2. State five (5) reasons why employees resist change in an institution (5 marks)
3. State three (3) importance of a budget in an organization (3 marks)
4. State five (5) steps of disciplinary process (5 marks)
5. Briefly state five (5) characteristics of culture (5 marks)
6. Describe five (5) effects of social change on health (5 marks)
7. Explain the following terms:
 - a) Problem based learning
 - b) Self-directed learning (4 Marks)

SECTION III: LONG ANSWER QUESTION **(20 MARKS)**

1. Mr. Q is admitted voluntarily in a mental health institution and is diagnosed to have schizophrenia.
 - a. Describe the approaches for carrying out a Mental Status Assessment (MSA) for Mr. Q
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(10 marks)
 - b. Describe the immediate management for Mr. Q. (10 marks)