



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION DECEMBER 2025

UNIT CODE: DCHP 211 UNIT NAME: HEALTH PROMOTION

DATE: 1st December, 2025

TIME: TWO Hours

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (30 marks)
Section B: Long Answer Questions (70 marks)

SECTION A: COMPULSORY (30 MARKS). ANSWER ALL QUESTION

QUESTION ONE

- a. List four levels of community participation in health programs (4 marks)
- b. Outline the processes of change in the trans-theoretical model (5 marks)
- c. List for types of environmental factors (4 marks)
- d. Outline five principles of effective inter-sectoral collaboration in health promotion (5 marks)
- e. Describe how county health services align their work with the national UHC agenda (3 marks)
- f. List five challenges of inter-sectoral collaboration (5 marks)

- g. Highlight five importance of linkages and alignment with national and local plans in health promotion (4 marks)

ANSWER ANY TWO (2) QUESTIONS (40 Marks)

QUESTION TWO

- a. Discuss any three health models and their application (10 Marks)
- b. Based on the Ottawa Charter and elaborations discuss five principles of health promotion (10 Marks)

QUESTION THREE

- a. By defining health determinants, discuss five determinants of health influencing health outcomes in Kenya (10 Marks)
- b. Describe the five Stages of Change in the Trans-theoretical Model (10 Marks)

QUESTION FOUR

- a. Discuss five principles of good governance in health promotion (10 Marks)
- b. Discuss the mechanisms of information sharing in health promotion (10 Marks)

