



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT
MASTER OF SCIENCE IN HEALTH PROFESSIONS EDUCATION
END OF SEMESTER EXAMINATION APRIL 2025

HPE 742 SUPERVISION, MENTORSHIP AND COACHING FOR PERFORMANCE

DATE: 14th APRIL 2025

TIME: THREE HOURS

Start: 5:30 PM

Finish: 8: 30 PM

INSTRUCTIONS

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (25 marks)
Section B: Long Answer Questions (75 marks)

SECTION A: Short Answer Questions (COMPULSORY)

Question 1

The understanding of supervision, mentorship, and coaching is for both students and staff in health professions as well as effectiveness in learning and for optimisation of quality performance. In this respect;

- a) Explain the following concepts;
 - I. Mentoring **(2 marks)**
 - II. Supervision **(2 marks)**
 - III. Coaching **(2 marks)**
 - IV. Affirmation **(2 marks)**
- b) Explain how supervision, mentorship and coaching
 - I. Increases confidence and self-esteem **(2 marks)**
 - II. Fosters professional growth and development **(2 marks)**
- c) State, in each case, **FOUR** characteristics of a supervisor and mentor **(8 marks)**
- d) As a supervisor, mentor and coach, state five challenges in giving and receiving feedback. **(5 marks).**

SECTION B (Long Answer Questions): Answer Any Three (3) Questions

Question 2

Discuss the fact that the analysis to supervision, mentorship and coaching in health professions points to the purpose of the following concepts;

- a) Professionalism (5 marks)
- b) Integration of learning and practice (5 marks)
- c) Peer-assisted learning (5 marks)
- d) Patient involvement in teaching (5 marks)
- e) Motivation (5 marks)

Question 3

Appraise the challenges and remedial measures in supervision, mentorship and coaching of students and staff in health professions in terms of;

- a) Clinical supervision (7 marks)
- b) Remedial supervision (6 marks)
- c) Professional supervision (6 marks)
- d) Educational supervision. (6 marks)

Question 4

In selecting a supervisor, mentor and coach in the education and training of health professionals; discuss how the following factors become a focus for expected outcomes to consider;

- a) Accelerated rate of learning (5 marks)
- b) Development of networks (5 marks)
- c) Proactive approach on learning (5 marks)
- d) Improved acquisition of skills and competence (5 marks)
- e) Enriched professional friendship. (5 marks)

Question 5

Discuss, in the context of learning experiences and the health institutions, (25 marks).

- a) the roles and responsibilities of a supervisor (9 marks)
- b) the roles and responsibilities of a mentor (8 marks)
- c) the roles and responsibilities of a coach. (8 marks)

Question 6

With regards to approaches in supervision, mentorship and coaching, discuss the nature and importance of the concepts;

- a) Support supervision (5 marks)

- b) Managerial supervision (5 marks)
- c) Voluntary supervision (5 marks)
- d) Informal supervision (5 marks)
- e) Peer mentoring and coaching. (5 marks)

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