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COMMUNITY HEALTH LEVEL 5

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HE/OS/CH/CR/02/5

Conduct Community Based Health Care

November/December 2025

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

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WRITTEN ASSESSMENT

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Date: 24.11.2025 10:57 AM

TIME: 3 HOURS

INSTRUCTIONS TO CANDIDATE

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1. This paper consists of **TWO** sections: **A** and **B**.
2. Answer **ALL** questions in section A and **ANY THREE (3)** questions in section B.
3. Marks for each question are indicated in the brackets.
4. Candidates are provided with a separate answer booklet.
5. Do not write on the question paper.

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This paper consists of THREE (3) printed pages

Candidate should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)***Attempt ALL the questions in this section.***

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1. Person C from your community is presenting with signs of stress and anxiety after a disaster. Propose FOUR ways you can offer emotional support to the victim.

(4 Marks)

2. You suspect a patient in the community has Tuberculosis (TB). Name FOUR risk factors you would assess for during your evaluation.

(4 Marks)

3. Propose TWO circumstances under which a Community Health Promoter can offer referral.

(2 Marks)

4. Zoonotic diseases are infectious diseases that can be transmitted from animals to humans. List FOUR examples of these diseases.

(4 Marks)

5. List FOUR common causes of childhood mortality that an Integrated Community Case Management strategy aims to address.

(4 Marks)

6. You are raising awareness about psycho-active drugs among youths in your community.

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Identify FOUR drugs and substances you will address.

(4 Marks)

7. Propose THREE strategies that can be used in malaria disease prevention and control program for your community.

(3 Marks)

8. Psychoactive drug monitoring exercise was conducted in your community and you are required to write a report. Name THREE components you should include.

(3 Marks)

9. You want to identify community health needs from your area, List FOUR types of

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information you would capture in your planning process.

(4 Marks)

10. A household in your community is seeking palliative care support for their cancer

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patient. Propose THREE ways you would provide help to meet the patient needs.

(3 Marks)

11. Record TWO measures you can take to monitor and prevent the spread of HIV in the community.

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(2 Marks)

12. Propose THREE strategies of psycho-active drug demand reduction you can implement in your community.

(3 Marks)

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SECTION B (60 MARKS)

Answer any THREE questions in this section

13. The report from the linked health facility of your community has indicated increasing cases of mental disorders.

a) Examine FIVE possible causes of the health problem (10 Marks)

b) Describe FIVE signs and symptoms that people with the health problem will present

(10 Marks)

14. There is an increase in the range of new psychoactive substances (NPS) available in the illicit drug market despite the efforts of curbing this problem.

a) Explain FIVE causes of this problem (10 Marks)

b) Describe FIVE challenges health care workers are facing in fighting the reduction.

(10 Marks)

15. A 35-year-old patient from Ukuni Community has been diagnosed with co-infection (both Tuberculosis and HIV) and has been started on treatment for both diseases.

a) Describe FIVE roles you will play in supporting this patient. (10 Marks).

b) Explain FIVE challenges this patient is likely to face in adhering to the combined treatment. (10 Marks)

16. A two-year-old child is brought to you with severe illness. You are required to manage the child according to ICCM guidelines.

a) Describe FIVE steps you will follow during assessment (10 Marks)

b) Describe FIVE signs for classifying a child's diarrhea. (10 Marks)