



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTERS IN SEXUAL AND REPRODUCTIVE HEALTH RIGHTS AND POLICY
END OF SEMESTER EXAMINATION JULY 2026

HSR 709: POPULATION MANAGEMENT POLICIES & RIGHTS RELATING TO CONTRACEPTION

DATE: 4TH AUGUST 2026

TIME: Three Hours

Start: 5:30PM

Finish 8:30 PM

Instructions

- 1) This paper has two sections; Section A and Section B
- 2) Section A is Compulsory
- 3) For **Section B**, answer any three (3) questions of your choice
- 4) Use the university examination booklets provided
- 5) Write your student registration number on all your answer sheets

Note:

Each question carries a maximum of 15 marks.

SECTION A: COMPULSORY QUESTION

1. You are a public health official in a country with a high population growth rate. The government has introduced a population management policy that promotes smaller families while politicians are advocating for larger families as a political strategy. Discuss how you would implement this policy in rural areas where larger families are the norm, without causing social resistance (15 marks).

SECTION B: ANSWER ANY THREE QUESTIONS

2. How would you apply the Malthusian theory in balancing between population growth and economic development in a third world country of your choice? (15 marks).
3. Japan is experiencing population aging due to declining birth rates, suggest policies that would address the potential economic and social challenges related to an aging population while maintaining balanced population growth (15 marks).
4. The recent wars in Ukraine and the Middle East has displaced many people particularly women who often face barriers to accessing reproductive health services in their new locations. Describe a design of a policy or program that will ensure that these women have access to fertility and reproductive health services in their host countries (15 marks).
5. The one child policy in China was a bad experiment and it is good that the authorities have rethought it through. Discuss the statement in relation to the process of balancing population growth and the available resources in a country like China (15 marks).
6. *“It is my right to abort irrespective of the laws and regulations governing the process and no one has a right to my bodily autonomy”* Declares a 19-year-old college student. Discuss this statement bearing in mind the distinction between laws and practice governing abortion in many African Countries (15 marks).