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031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/08/6

Provide Addiction Counselling

March/April 2026

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

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TIME: 1 HOUR

INSTRUCTIONS TO CANDIDATE

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1. You are required to carry out the following practical tasks:

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- **Prepare to Provide Addiction counselling**
- **Provide Addiction counselling**
- **Evaluate Addiction counselling**
- **Terminate Addiction counselling**

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2. You have been provided with the following resources for the practical tasks:

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a) **Counselling venue**

✓ **Serviettes**

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✓ **3 Identical Seats**

✓ **Working wall clock**

✓ **Small-sized table**

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- ✓ Waste bin
- ✓ Clean drinking water and 2 similar cups

b) Stationery

- ✓ Pen (blue/black)
- ✓ 2 Foolscaps

c) Counselling Forms;

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✓ Client intake form

✓ Consent form

✓ Referral form

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d) Assessment tools:

- ✓ Alcohol Use Disorders Identification Test (AUDIT)
- ✓ Drug Abuse Screening Test (DAST-10 or DAST-20)
- ✓ Addiction Severity Index (ASI)
- ✓ Beck Depression Inventory (BDI-II)
- ✓ Mood Disorder Questionnaire (MDQ)

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