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031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/07/6

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Provide Guidance and Counselling Services in Learning Institutions

March/April 2026

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

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Time: 1 HOUR

INSTRUCTIONS TO CANDIDATE:

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1. You are required to perform the following tasks

- i. Prepare to provide Guidance and Counselling in learning institutions
- ii. Provide Guidance and Counselling in learning institutions
- iii. Evaluate Guidance and Counselling in learning institutions
- iv. Terminate Guidance and Counselling in learning institutions

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2. You have been provided with the following resources for the practical tasks:

a. Counselling venue

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b. 3 similar seats

c. Clean drinking water and 2 similar cups

d. Waste bin

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e. Serviettes

f. Working wall clock

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- g. Small-sized table
- h. Counselling forms

✓ Client Intake form

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✓ Consent form

✓ Referral form

i. Assessment tools

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✓ Beck Depression Inventory (BDI-II)

✓ Generalized Anxiety Disorder Scale (GAD-7)

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✓ Rosenberg Self-Esteem Scale (RSES)

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✓ Clinical Interviews

✓ Peer Pressure Inventory (PPI)

✓ Academic Motivation Scale (AMS) / Student Discipline Checklist

j. 1 Pen-black or blue

k. 1 Foolscape

l. 1 Flipcharts

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m. 1 Permanent marker pen

n. 1 Masking tape

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