



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
BACHELOR OF SCIENCE IN MIDWIFERY
END OF TRIMESTER EXAMINATIONS AUGUST 2022**

BSM 319: ADOLESCENT SEXUAL REPRODUCTIVE HEALTH

DATE: 2nd August 2022

TIME: 2 Hours

Start: 9:00 AM

Finish: 11:00 AM

INSTRUCTIONS

1. This exam is marked out of 70 marks.
2. This exam has three sections: Section A, section B and section C.
3. All questions are compulsory.
4. Answer all questions in the booklet provided.

SECTION A: MULTIPLE CHOICE QUESTIONS (10 MARKS)

1. Maternal mortality ratio is estimated as the number of maternal deaths;
 - a. In any given year
 - b. Per 100,000 live births
 - c. Per 1000 live births
 - d. Per all women aged 15-49 years
2. Late adolescence refers to age range between;
 - a. 19-24 years
 - b. 16-19 years
 - c. 20-24 years
 - d. 13-17 years
3. Indicate if the following statement is ***True or False:***
 - a. Maternal mortality is the death of a pregnant woman at any gestational age or within 42 days of termination irrespective of cause.
 - b. Direct maternal death results from worsening of existing conditions by pregnancy or delivery
4. A characteristic of youth friendly service facility is :-
 - a. Opens on weekends and late in the evening
 - b. Located in the center of the market/city for convenience
 - c. Manned by many different health workers to provide service provider preference
 - d. Minimize time each youth spends in the facility to create space for others
5. Indicate whether the following statement is *True or False:*
 - a. Contraceptive Prevalence Rate (CPR) among girls 15-19 years in Kenya is over 60%
 - b. 90 % of women in Kenya access postnatal care
6. Perinatal deaths refer to;
 - a. Deaths occurring in the first 28 days of birth
 - b. Deaths occurring in the first one week of life
 - c. Still births and deaths occurring in the first 7 days
 - d. Still births and deaths occurring in the first 28 days

7. During a counselling session for an adolescent, the counsellor said, “Are you saying that you believe that contraceptives will make you infertile?”. This is an example of:
 - a. Paraphrasing
 - b. Clarification
 - c. Inferential thinking
 - d. Deductive thinking
8. Providing accurate and complete information to enable young people make decisions is giving them the right to;
 - a. Informed consent
 - b. Access to services
 - c. Information
 - d. Safety of services
9. Skills associated with communication of empathy during counselling adolescents and youth include;
 - a. Active listening and recall
 - b. Non-verbal and verbal communication
 - c. Perception check and rephrasing
 - d. Paraphrasing and verbal attending
10. In effective guidance and counselling, the ability of the counsellors to be freely themselves is referred to as;
 - a. Acceptance
 - b. Assertiveness
 - c. Confrontation
 - d. Genuineness

SECTION B: SHORT ANSWER QUESTIONS (40 MARKS)

1. State five (5) provider characteristics that promote the provision of adolescent sexual and reproductive health (ASRH) services (5 marks)
2. Outline five (5) sexual and reproductive health rights (5 marks)
3. Outline six (6) direct causes of maternal deaths (6 marks)
4. Using appropriate examples, describe the three (3) delays that contribute to maternal mortality (6 marks)
5. List six (6) functions under Basic Emergency Obstetric and Newborn Care (BEmONC) (3 marks)
6. Explain two (2) advantages of targeted approach to the provision of Adolescent and youth Sexual Reproductive Health (ASRH) Services (4 marks)
7. State five (5) ways of engaging youth and adolescents in ASRH services (5 marks)
8. State six (6) roles of the ASRH service delivery point manager (6 marks)

SECTION C: LONG ANSWER QUESTIONS (20 MARKS)

1. You are the county reproductive health coordinator in county X. Master T, a youth representative in your county has reported to you that the youth have no access to sexual and reproductive health services in the county.
 - a. Explain any three (3) models for Youth Friendly Services (6marks)
 - b. Describe how you would increase the utilization of services at youth friendly facility (14marks)