



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
BACHELOR OF SCIENCE IN COMMUNITY HEALTH AND BACHELOR OF
SCIENCE IN HEALTH SYSTEMS MANAGEMENT
MAIN END OF SEMESTER EXAMINATION APRIL 2025

UNIT CODE: HMD 132 AND CHP 326

UNIT NAME: HEALTH POLICY DEVELOPMENT AND PLANNING

DATE: April 2025

TIME:

Start:

Finish:

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (30 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (30 Marks)

Short Answer Questions: Answer all questions.

1. State the relationship between health policy and a country's economic growth (2 marks).
2. Identify two objectives of submitting a health policy sessional paper to members of Parliament (2 marks).
3. Explain the meaning of the following terms related to health policy development:
 - a. Public policy (1 mark).
 - b. Health policy principle (1 mark).
 - c. Health policy (1 mark).
4. *Access of health services* and *access to health services* are critical concerns in health policy development. State the meaning of each of these statements (2 marks).
5. State two ways in which health policies evolve. (2 marks).
6. Explain how each of the following theories of health policy is applied.
 - a) Rational choice theory (2 marks)
 - b) Advocacy coalition theory (2 marks)
7. State one role of the following stakeholders in health policy development.
 - a) Influencers (2 marks)
 - b) Key players (2 marks)
8. State two principles of health policy planning (2 marks).
9. Highlight four key elements of policy triangle used in health policy development (4 marks).
10. Define the terms in the health policy development and planning.
 - a) Normative policy analysis (3 marks)
 - b) Positive policy analyses (2 marks).

SECTION B

ANSWER ANY TWO (2) QUESTIONS (Total 40 Marks)

Long Answer Questions

11. **Case Analysis (20 marks):** Read the following case study carefully and answer the questions below:

The cases of food-borne diseases in the Hope Community of *Maisha-Bora* village of Ubuntu County are rising. In addition, the Community is grappling with ‘mountains’ of solid waste, which is reportedly harmful to people's health and the environment. The village has a poor record of waste management over the last year. As a policymaker in Ubuntu County, you’ve seen a policy window that must be used to address these challenges.

- a) Define a policy window (2 marks).
- b) State two health policy issues in the Hope Community (4 marks).
- c) Formulate one policy goal to address the Ubuntu County health challenge (4 marks).
- d) State two categories of stakeholders you would invite to your agenda setting phase at Ubuntu County (4 marks).
- e) State one role of the stakeholders in number **d** above whom you would invite to support your policy development in Ubuntu County (2 marks).
- f) Define each of the following types of power in health policy development and planning.
 - i. Legitimate power (2 marks)
 - ii. Expert power (2 marks)

12. As a health system strengthening practitioner, you prefer the Multiple Stream Framework Theory (MSFT) because it prepares health policy actors with opportunities to develop responsive health policies **(20 marks)**.
- a) Explain the meaning of each of the three aspects of Multiple Streams policy theory (9 marks).
 - b) State one application of MSFT in health policy development and planning (2 marks).
 - c) Explain how you would apply the three streams during:
 - i. Agenda setting (3 marks)
 - ii. Policy formulation (3 marks)
 - iii. Implementation phases (3 marks).
13. Planning for health policy development requires generating evidence for decision-making **(20 marks)**.
- a) Differentiate between situation and stakeholder analysis in health policy development (4 marks).
 - b) State four questions you would ask yourself when analysing stakeholders during health development and planning (8 marks).
 - c) State two reasons why clients/consumers are critical stakeholders in generating evidence for health planning (2 marks).
 - d) Explain one reason for using the following data sources in planning for health policy implementation.
 - i. Demographic survey data (2 marks)
 - ii. Health facility data (2 marks)
 - iii. Epidemiological survey data (2 marks)