



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**HIGHER DIPLOMA IN COMMUNITY HEALTH**  
**END OF SEMESTER EXAMINATION APRIL 2025**

**UNIT CODE:** HDCH 121 Community-Based Healthcare  
**DATE:** XX , December 2025  
**TIME:** Two Hours                      **Start:**                      **Finish**

**INSTRUCTIONS**

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (20 marks)  
**Section B:** Long Answer Questions (40 marks)

**SECTION A: COMPULSORY (20 Marks)**

1. Define Primary Health Care (PHC) and state any two of its key principles. (4 marks)
2. Explain the term Community-Based Health Care (CBHC). (4 marks)
3. State two differences between the Millennium Development Goals (MDGs) and Universal Health Care (UHC). (4 marks)
4. Identify two key steps in the community mobilization process. (4 marks)
5. Define adult learning and state two principles of adult learning relevant to community health education. (4 marks)

## SECTION B

### ANSWER ANY TWO (2) QUESTIONS (40 Marks)

6. Primary Health Care (PHC) forms the foundation for achieving equitable access to essential health services at the community level. In many low- and middle-income countries, PHC remains central to health system strengthening and Universal Health Coverage (UHC) goals.

- a) Discuss **four** importance of Primary Health Care (PHC) in improving community health outcomes. (8 marks)
- b) Explain **three** participatory approaches can be used to enhance Community-Based Health Care (CBHC) implementation. (6 marks)
- c) Describe **three** ways how adult learning and psychosocial methods contribute to effective health education in the community. (6 marks)

7. Effective resource mobilization is essential for the successful planning, implementation, and sustainability of community-based health programmes. It ensures that financial, human, and material resources are available to meet community health needs

- a) Discuss **three** strategies that can be used to mobilize resources in a CBHC programme. (8 marks)
- b) Explain **three** importance of stakeholder analysis in community health project planning. (6 marks)
- c) Describe **three** ways how sustainability can be achieved in community-based health programmes. (6 marks)

8. Monitoring and evaluation are critical components of community health programme management. They help track progress, assess effectiveness, and inform decision-making for improved health outcomes.

- a) Differentiate between project monitoring and evaluation, providing relevant examples. (8 marks)
- b) Explain **three** main data sources and tools used for monitoring and evaluating CBHC projects. (6 marks)

c) Discuss **three** common challenges faced during monitoring and evaluation of community health programmes. (6 marks)

