



AMREF INTERNATIONAL UNIVERSITY
University Examinations
School of Medical Sciences
Department of Nursing and Midwifery Sciences
End of January -April 2025 Semester Examination
Advanced Diploma in Applied Mental Health Practice

Course Title and Course Code: ADMH 107- CLINICAL ETHICS

Time: 2 Hours Start 4:30 p.m. Finish 6:30 p.m.

Date: Tuesday 10th April 2025

INSTRUCTIONS

1. Write your University registration number on every booklet that you use
2. This exam is out of 60 marks
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: SHORT ANSWER QUESTIONS (20 MARKS)

Question 1:

- a) Explain the meaning of the terms “confidentiality” and “dilemma” as used in mental health and counselling **(5 Marks)**
- b) Outline FIVE (5) ethical and professional responsibilities of the counselor to a client **(5 Marks)**
- c) Outline FIVE (5) common malpractices witnessed in the counselling profession practice in Kenya today **(5 Marks)**
- d) Outline FIVE (5) professional ethical guidelines on having sexual relationships with former clients **(5 Marks)**

SECTION B: LONG ANSWER QUESTIONS 40 MARKS

Question 2:

- a) You have been seeing Stephen for individual counseling for three months. You have received a request from Stephen’s mother for copies of all school records. His mother who is incarcerated in another state has also asked for your case notes. Explain whether you are you legally or ethically mandated to provide her with records?**(10 Marks)**
- b) Your cousin coaches Little League baseball. He would like information on a student in your school that he coaches. He is very fond of the young man who seems to be having vision difficulty. The coach asked the boy’s parents about his problem and the parents dismissed it with “he can see, he is just uncoordinated.” Your cousin would like for you to look at the vision screening results in this child’s student record to see if a problem has been noted. Argue on whether there is an ethical or legal dilemma here. **(10 Marks)**

Question 3:

- a) You are the university HIV and testing counselor. You tested and provided Mr. Ali with HIV sero-positive results. Mr. Ali is spreading HIV among students by engaging in unprotected sexual endeavors. Rationalize the ethical theories which would inform you moral decision making on what to do. **(10 Marks)**

- b) Currently money for juvenile justice programs is plentiful and the agency you work for has been going after several grants to help juvenile offenders. However, the treatment programs they say they will be offering are currently nonexistent. You are the only therapist on staff that works with minors and you have done very little work with minors who are juvenile offenders. You do not have the expertise to offer the specific treatment programs the agency has been promising in their grant applications. Administration tells you not to worry that they will send you for training or hire someone to offer the specific treatment. Discuss if there is an ethical violation here. **(5 Marks)**
- c) A fourteen-year-old middle school student reports to you that Sarah, a counselee of your colleague Mr. Barnes, is involved in Satanism and has entered a murder-suicide pact with another student. You and Mr. Barnes call Sarah in and she vehemently denies the allegations and even scoffs at the idea that she would ever be involved in a cult. She convinces you. Explain whether you have further obligation in this case and provide reasons if any. **(5 Marks)**

-----**End & Happy Easter Holidays**-----