



AMREF INTERNATIONAL TRAINING CENTER

MODULE II

SOCIAL WORK LEVEL 6

HW/OS/SW/CR/04/5/MA

Provide Psychosocial Support

July/August 2026

WRITTEN ASSESSMENT

Time: 2 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer ALL questions in this section.

1. A trainee counsellor is preparing to meet a new client for the first counselling session at a community psychosocial support centre. Outline FOUR activities carried out during the engagement phase of counselling (4 Marks)
2. You are attached to a community counselling programme supporting survivors of domestic violence. State FOUR purposes of conducting an initial psychosocial assessment. (4 Marks)
3. During a counselling assessment session, a client becomes emotional and withdraws from the discussion. State FOUR appropriate actions a counsellor should take in such a situation. (4 Marks)
4. After completing a psychosocial assessment, a social worker prepares a written report for multidisciplinary team review. Identify FOUR purposes of a psychosocial assessment report. (4 Marks)
5. A youth support centre is developing intervention plans for clients experiencing stress and trauma-related challenges. State FOUR components of a psychosocial intervention plan. (4 Marks)
6. During counselling sessions, a psychosocial support worker monitors client progress over time. State FOUR indicators used to measure client progress in psychosocial support. (4 Marks)
7. A client has completed counselling sessions and is being transitioned from structured psychosocial support to community-based services. State FOUR considerations when preparing a client for termination of psychosocial support. (4 Marks)
8. A psychosocial support worker in a rehabilitation centre manages client files containing sensitive personal information. Outline FOUR reasons why confidentiality is critical in psychosocial documentation. (4 Marks)
9. A social worker is preparing to initiate a psychosocial support intervention for a new client. Identify FOUR components of a psychosocial support contract. (4 Marks)
10. A records officer is designing a filing and coding system for psychosocial support client records. Outline FOUR characteristics of an effective coding system for counselling records. (4 Marks)

SECTION B (60 MARKS)

Question 11 is compulsory. Answer any other TWO questions.

11. Read the case scenario below and answer the questions that follow.
- Amina, a 15-year-old student in Form Two at a public secondary school, has recently withdrawn from school following repeated experiences of bullying by her peers. Since the incidents began, she has shown signs of emotional distress, including persistent sadness, social withdrawal, frequent mood changes, and a noticeable decline in academic performance. Her teachers report reduced participation in class activities, while her guardian has expressed concern about her changed behavior and overall well-being. Following these concerns, Amina has been referred to a psychosocial support officer for assessment and appropriate intervention.
- a) Discuss FIVE psychosocial factors that should be explored during Amina's assessment. (10 Marks)
- b) Explain FIVE intervention strategies that can be used to support Amina's emotional and social recovery. (10 Marks)
12. You are working in a youth empowerment centre providing psychosocial support services to adolescents experiencing emotional and social difficulties.
- a) Discuss FIVE factors that should be considered when administering psychosocial assessment tools. (10 Marks)
- b) Describe FIVE challenges that may affect the implementation of a psychosocial support plan. (10 Marks)
13. A non-governmental organization has introduced a monitoring system to assess whether its psychosocial support programme is meeting client needs and achieving intended outcomes.
- a) Discuss FIVE psychosocial support evaluation tools that may be used to assess programme outcomes. (10 Marks)
- b) Explain FIVE reasons why proper documentation should be maintained throughout the psychosocial support process. (10 Marks)
14. A counsellor has successfully supported a client who has achieved the goals set at the beginning of the intervention process. The client now requires termination of counselling services and possible referral for specialized support.
- a) Discuss FIVE reasons why counselling termination is important in psychosocial support practice. (10 Marks)
- b) Describe FIVE factors that should be considered when selecting an appropriate referral institution for a client. (10 Marks)