



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
END OF SEMESTER MAY-AUG 2025 EXAMINATIONS**

**COURSE CODE AND TITLE: BSM 323 GENDER AND HUMAN SEXUALITY
UPGRADING**

DATE:

Duration:

Start:

Finish:

INSTRUCTIONS

- 1.** This exam is out of 70 marks
- 2.** This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
- 3.** Answer ALL Questions.
- 4.** Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

MULTIPLE CHOICE QUESTIONS (MCQS)**20 MARKS**

1. Negative health behaviours that can be exhibited by a client who survives gender based violence include:

- a) Phobia, eating and panic disorders
- b) Drug abuse, smoking and prostitution
- c) Anxiety, depression and low self esteem
- d) Infertility, chronic pain and genital injuries

ANSWER: B

2. Partial or total removal of clitoris and labia minora with or without removal of labia majora is referred to as;

- a) Clitoridectomy
- b) Infibulation
- c) Excision
- d) Cauterisation

ANSWER:C

3. Fairness and justice in the distribution of benefits and responsibilities between men and women are referred to as;

- a) Gender equality
- b) Gender analysis
- c) Gender mainstreaming
- d) Gender equity

ANSWER:D

4. A statement which correctly describes gender is:

- a) It is a classification
- b) It varies within and between cultures
- c) It is static and does not vary
- d) It is innate

ANSWER: B

5. One of the following statements correctly describes gender disparities:

- a) Systematic differences in outcome that men and women achieve in an individual or particular sector
- b) Rigid constructs that promote the belief that differences are biological rather than social.
- c) Unequal or unfair treatment of men and women based solely on their sex rather than on their individual skills, talents and capability.
- d) Equal treatment of women and men, girls and boys so that they can enjoy the benefits of development

ANSWER: A

6. The statement that best describes gender stereotypes is:

- a) Systematic differences in outcome that men and women achieve in an individual or particular sector

- b) They believe that gender roles are based on biological differences rather than on socially constructed expectations
- c) It is imbalances/differences that arise due to socially assigned gender roles/issues
- d) A policy that Favors marginalized/ disadvantaged groups in society, such as women

ANSWER: B

7. Following sexual assault, a survivor is advised to do one of the following:
- a) Brush hair
 - b) Shower, bathe or clean up
 - c) Change clothing
 - d) Wrap the clothes in a newspaper or brown paper bag

ANSWER:D

8. The main purpose of conducting forensic examination is to;
- a) Identify sexual transmitted infections
 - b) Assess HIV infection risk
 - c) Identify the offender
 - d) Rule out pregnancy

ANSWER:C

9. The HIV post-exposure prophylaxis regimen following a sexual assault ordeal should be given for:
- a) 7 days
 - b) 14 days
 - c) 21 days
 - d) 28 days

ANSWER:D

10. The elements of comprehensive obstetric care include;
- a) Surgery and blood transfusion
 - b) Assisted delivery and anaesthesia
 - c) Parenteral antibiotics and manual removal of placenta
 - d) Blood transfusion and manual removal of placenta

ANSWER: A

11. The biggest barrier to accessing Sexual and Reproductive Health services for special populations in Kenya is:
- a) Lack of formal education
 - b) Cultural beliefs and practices
 - c) Lack of adequate health facilities
 - d) Low literacy levels

ANSWER: B

12. Sustainable Development Goals (SDGs) that directly address sexual and reproductive health and rights are:
- a) SDG 3 and 5
 - b) SDG 2 and 5

- c) SDG 3 and 12
- d) SDG 5 and 16

ANSWER: A

13. Many people suffer silently the issues of gender based violence. Which of the following are forms of psychological violence
- a) Verbal abuse and wife bettering
 - b) Denying one chance to go to work and rumour mongering
 - c) Constant humiliation and verbal abuse
 - d) Rumour mongering and tracking patterns phone

ANSWER:C

14. A long-term physical effect that can occur in a girl/woman who has undergone female genital cutting is:
- a) Severe pain and neurogenic shock
 - b) Fatal Hemorrhage and hemorrhagic shock
 - c) Acute urine retention from fear of pain, tissue swelling or injury of the urethra
 - d) Cysts and abscesses on the vulva

ANSWER:D

15. The Kenyan policy that provides a framework for Sexual and Reproductive health and Rights is:
- a) Kenya Vision 2030
 - b) Constitution of Kenya
 - c) National Reproductive Health Policy
 - d) AU Agenda 63

ANSWER:C

16. In adolescent sexual reproductive health, young people have specific services prescribed for them in the youth friendly center. Who are young people?
- a) Any person between the age of 10 to 19 Years
 - b) Any person between the age of 10 to 24 years
 - c) Any person between the age of 15 to 24 years
 - d) Any person between the age of 12 to 24 years

ANSWER:C

17. The gender analysis framework that focuses on the roles of women vs. men, categorizing them as either productive, reproductive or community involvement is:
- a) Harvard Framework
 - b) Moser Framework
 - c) Gender Analysis Matrix
 - d) Levy Framework

ANSWER: B

18. The hormone that primarily decreases during andropause is:
- a) Cortisol
 - b) Progesterone

- c) Estrogen
- d) Testosterone

ANSWER:D

19. The most common symptoms experienced by women during menopause include:

- a) Weight loss and fatigue
- b) Increased hair growth
- c) Night sweats and flushes
- d) Palpitations and fatigue

ANSWER:C

20. When providing reproductive health counselling to a client, the nurse applies one of the following to promote the process:

- a) Uses closed ended questions
- b) Anticipates what the client will say next
- c) Accepts the client's opinion as valid
- d) Asks the client a question to change the subject

ANSWER:C

SHORT ANSWER QUESTIONS (SAQS)**30 MARKS**

1. Differentiate gender and sex 6 marks
2. ~~Enumerate~~ outline the eight (8) pillars of safe motherhood 8 marks
3. State six (6) reasons given for practicing FGM 6 marks
4. Describe five (5) factors that influence social construction of gender 5 marks
5. State five (5) types of sexual disorders that can be experienced in males 5 marks

LONG ANSWER QUESTIONS**20 MKS**

1. Miss K, a 21-year-old college student, has been referred to your health care facility stating that she was raped during a party at her friend's house the previous day.
 - a. Citing specific regimen, describe five (5) key pharmacologic interventions that will be offered to Miss K. (10 marks)
 - b. Describe nursing management that will be provided for Miss K during this review. (10 marks)