



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES
End of Semester April 2025 Examinations**

COURSE CODE AND TITLE: AIU 114: Introduction to Social Psychology

DATE: 10-APRIL-2025

Duration: 2 HOURS

Start: 4:30 PM

Finish: 6:30 PM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks)
Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS

[20 MARKS]

1. In Erikson's _____ stage of psychosocial development, the child learns self-control and begins to be more capable. Trust versus mistrust
 - A. Autonomy versus shame and doubt
 - B. Initiative versus guilt
 - C. Industry versus inferiority
2. A genetically programmed bit of behaviour that occurs when circumstances are appropriate and that require no learning is called
 - A. Habit
 - B. Instinct
 - C. Imprinting
 - D. inhabitation
3. Freud defined the healthy adult as one who is able to love and work. Erikson agreed, observing that the adult struggles to attain intimacy and
 - A. Affiliation
 - B. Identity
 - C. Competence
 - D. Generativity
4. According to Erik Erikson, achieving true intimacy is difficult if one's _____ is not already established.
 - A. Career
 - B. Independence
 - C. Identity
 - D. marriage
5. Behaviour can be influenced by social and cultural factor. The _____ perspective of psychology emphasizes it.
 - A. Developmental perspective
 - B. Biological Perspective
 - C. Humanistic perspective
 - D. Socio-cultural perspective
6. During which stage of cognitive development, according to Piaget, does a child gain the ability to understand conservation and perform concrete operations?
 - A. Sensorimotor
 - B. Preoperational
 - C. Concrete operational
 - D. Formal operational
7. _____ argues that social behaviours are developed through genetics and inheritance:
 - A. Socio-cultural Perspective
 - B. Social cognition
 - C. Social learning
 - D. Evolutionary Perspective
8. According to Sigmund Freud, which part of the personality seeks immediate pleasure and is guided by the "pleasure principle"?
 - A. Ego
 - B. Superego

- C. Id
D. Ego ideal
9. What is the main focus of Erik Erikson's stage of generativity vs. stagnation?
A. Establishing a sense of identity
B. Developing intimate relationships
C. Nurturing the next generation
D. Achieving a sense of autonomy
10. Which of the following represents the correct order of Freud's psychosexual stages of development?
A. Oral, Anal, Phallic, Latency, Genital
B. Anal, Phallic, Oral, Genital, Latency
C. Phallic, Oral, Anal, Genital, Latency
D. Oral, Phallic, Anal, Latency, Genital
11. Which of the following best defines the term "development"?
A. The process of becoming older
B. The process of acquiring new skills and knowledge
C. The process of becoming mature
D. The process of physical growth and change
12. Which of the following is NOT considered a domain of human development?
A. Physical development
B. Cognitive development
C. Emotional development
D. Social media development
13. According to Kohlberg, preconventional morality focuses on _____; conventional morality is more concerned with _____.
A. upholding laws and social rules; self interest
B. self-interest; basic ethical principles
C. upholding laws and social rules; basic ethical principles
D. self-interest; upholding laws and social rules
14. According to Jean Piaget, the ability to think logically about abstractions indicates
A. Concrete operational thought
B. Egocentrism
C. Formal operation thought
D. conservation
15. In listening to a concert, you follow the lead singer and perceive the other musicians as accompaniment; this illustrates the organizing principle of
A. figure-ground
B. shape constancy
C. grouping
D. depth or distance perception.
16. An episode of intense dread, accompanied by trembling, dizziness, chest pains, or choking sensations and by feelings of terror, is called
A. A specific phobia.
B. Compulsion.
C. A panic attack.
D. An obsessive fear.
17. Depression can often be alleviated by drugs that increases supplies of the neurotransmitters
A. Acetylcholine and dopamine
B. Glycine and gaba

- C. Endorphin and glutamate
 - D. Norepinephrine and serotonin
18. Schizophrenia is actually a cluster of disorders characterized by positive or negative emotions. A person with positive symptoms is most likely to experience
- A. Catatonia
 - B. Delusions
 - C. Withdrawals
 - D. Flat emotion
19. Antisocial personality disorder is characterized by
- A. Depression
 - B. Hallucinations
 - C. Enduring and inflexible behaviour patterns
 - D. An elevated level of autonomic nervous system arousal
20. _____ argues that social behaviors are developed through genetics and inheritance:
- A. Socio-cultural Perspective
 - B. Social cognition
 - C. Social learning
 - D. Evolutionary Perspective

SECTION II: SHORT ANSWER QUESTIONS

[30MARKS]

1. State four types of attention in Social Psychology. (4 marks)
2. Citing relevant examples, distinguish between intrinsic and extrinsic motivation. (6 marks)
3. Explain six factors that influence human development. (6 marks)
4. State the characteristics under which ideal mental health can be measured.(5 marks)
5. Highlight five basic concepts of research. (5 marks)
6. Outline four universal principles which support reasons why social psychology is considered as a science. (4 marks)

SECTION III: LONG ANSWER QUESTIONS

[20MARKS]

1. Explain five principles of human development. (10 marks)
2. Discuss five branches of psychology. (10 marks)

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