

**031306T4PSY**

**COUNSELING PSYCHOLOGY LEVEL 6**

**PSY/OS/CO/CR/04/6**

**Provide Trauma Counseling**

**Nov/Dec 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

You have **10 minutes** to read the excerpt below and act out the excerpt in the practical assessment.

**EXCERPT**

*Nellie is a 50-year-old mother of five children, four sons and a daughter. Her marriage to the father of her children started with rape. After the rape, she conceived, and her mother told her to move in with him which she innocently did. She was physically and emotionally abused over the years and was on treatment for ulcers. She decided to move to a foreign country in search of financial resources to educate her children. Everything went on well until one morning she received a call from one of her neighbors. Her daughter had been defiled by the father. She returned to secure treatment and counseling for her daughter. Since then, Nellie has been suffering with chest pains and ulcers. Sometimes she thinks she has an evil spirit in her. She cannot forgive herself for not being there for her daughter. She feels ruined and has lost interest in life. When she visited the local health center, she was referred to you for counselling.*