

102106T4COH

COMMUNITY HEALTH LEVEL 6

HE/OS/CH/CR/04/6/A

Conduct Community Based Health Care

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of FOUR (4) printed pages
Candidates should check the question paper to ascertain that all
pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. You are working as a community health assistant in community health unit. You realize that most youths abuse drugs, state THREE strategies you will use to prevent and reduce consumption of drugs among the youths. (3 Marks)
2. Disasters in the community cause serious harm to people, buildings, and the environment. State THREE types of natural disasters in the community. (3 Marks)
3. Drug abuse results into changes in brain function and results in alterations in perception, mood and consciousness among the users. Highlight FOUR factors that cause an individual to abuse psychoactive drugs. (4 Marks)
4. Infectious diseases have become so prevalent in the community leading to increased mortality rates. Identify THREE diagnostic tests used in hospitals to confirm the presence of the pathogenic micro-organisms. (3 Marks)
5. Tuberculosis mortality rate is at 50% if left untreated. Outline THREE ways of preventing the spread of Tuberculosis. (3 Marks)
6. Mental health is important at every stage of life, from childhood and adolescence through adulthood. Highlight THREE common mental disorders found in the community, which require the attention of the experts. (3 Marks)
7. You are a community health assistant at Laini Moja Community Unit. Outline FOUR services you are supposed to offer this community. (4 Marks)
8. Palliative care is the care given to the terminally ill patients either in their homes or in specialized palliative centers. State TWO essential components of palliative care. (2 Marks)
9. As a newly appointed Community Health Assistant in Hola Community, outline FOUR reasons why patients default the uptake of health services. (4 Marks)
10. Reduced morbidity of diseases among children below the age of five years is dependent upon effective immunization services in the community. Highlight THREE vaccines given to children at the age of 10 weeks. (3 Marks)
11. Mary, a patient in your community, has diabetes and requires sensitization on the management of the disease. Outline FOUR ways of effective diabetes management in a patient. (4 Marks)
12. HIV testing and counselling (HTC) is a package service intended to allow people to make informed decisions after knowledge of their HIV status and the implications of

those decisions. Highlight FOUR Cs of HIV counselling when a patient comes for testing. (4 Marks)

SECTION B (60 MARKS)

Answer Any THREE Questions in This Section

13. Tuberculosis is a disease of public health concern since it causes high incidence, prevalence, morbidity and mortality if not controlled.
- a) Explain TWO types of Tuberculosis. (4 Marks)
 - b) Explain FOUR factors that influence adherence to treatment. (8 Marks)
 - c) Discuss FOUR ways of managing co-infected patients. (8 Marks)
14. Disaster preparedness provides a platform to design effective realistic and coordinated planning, reduce duplication of efforts and increase the overall effectiveness of national societies, households and community members' disaster preparedness and response efforts.
- a) Define community disaster preparedness. (2 Marks)
 - b) Discuss FIVE steps of disaster preparedness. (10 Marks)
 - c) Explain the FOUR phases of emergency management. (8 Marks)
15. Programmatic experience shows that an integrated strategy can be effective in achieving high treatment coverage and delivering high-quality care to sick children in the community.
- a) Define Integrated Community Case Management (ICCM). (2 Marks)
 - b) Discuss FOUR Integrated Community Case Management procedures of child care. (8 Marks)
 - c) Describe FIVE leading causes of death in children under the age of 5 years. (10 Marks)
16. Psycho-active drugs affects the normal functioning of the brain and brings about changes in perception, consciousness, moods and behavior.
- a) Explain FOUR uses of psycho active drugs in the market. (8 Marks)
 - b) Discuss THREE psycho-active drugs demand reduction strategies. (6 Marks)
 - c) Explain THREE objectives of monitoring the use of psycho-active drugs. (6 Marks)