



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT
BSC HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT**

END OF SEPTEMBER - DECEMBER 2025

UNIT CODE: DCHP 132

UNIT NAME: BEHAVIOURAL SCIENCES

DATE: 2ND DECEMBER 2025

TIME: TWO HOURS

INSTRUCTIONS: ATTEMPT ALL QUESTIONS IN SECTION A AND ANY TWO QUESTIONS IN SECTION B.

SECTION A: SHORT ANSWER QUESTIONS. ANSWER ALL. TOTAL 30 MARKS

1. Define the term **Behavioural Science**. (2 Marks)
2. Explain **the importance of Behavioural Science concept in health and social life**. (2 Marks)
3. Outline **the differences between Sociology and Psychology as branches of Behavioural Science** (3 Marks)
4. Briefly discuss any **two concepts of Behavioural Sciences** (5 Marks)
5. Outline **the concept of Socialization and its agents** (3 Marks)
6. Explain the **meaning of Health Behaviour and its positive and negative effects**. (5 Marks)
7. Outline any **5 reasons why Research is important in Behavioural Sciences** (5 Marks)
8. Differentiate between **Normal and Abnormal Behaviour** (5 Marks)

SECTION B: LONG ANSWER QUESTIONS. 3 QUESTIONS.

ANSWER ANY TWO. (40 Marks)

9. Two patients with the same diagnosis may recover differently depending on Stress levels, family support, and lifestyle choices.
- Discuss **the role of psychological factors in health, illness, and healthcare.** (10 Marks).
 - Explain **the role of social factors in influencing health, illness, and health care.** (10 Marks)
10. **Effective counseling depends on how you listen and respond than on giving advice:**
- Discuss any **two counseling skills.** (10 Marks)
 - Explain any **Four Common Mistakes to avoid during counseling.** (10 Marks)
11. a. Describe **two approaches towards promoting Behaviour Change in the Community.** (10 Marks)
- Explain any **5 Steps in Community Behaviour Change.** (10 Marks)

