

**031306T4PSY**

**COUNSELING PSYCHOLOGY LEVEL 5**

**PSY/OS/CO/CR/01/5**

**Assess the Client**

**Nov/Dec 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

**INSTRUCTIONS TO CANDIDATES**

1. You have **ONE HOUR** to answer all questions.
2. You are required to carry out the following practical tasks:
  - a) Prepare to Assess the Client
  - b) Assess the Client
  - c) Evaluate Client Assessment
  - d) Terminate Client Assessment

**You are provided with the following resources:**

- 3 similar chairs
- 3 Bottled drinking Water
- Soft Tissues/serviettes
- Stationery i.e. biros. Note book

- Waste bin
- Relevant counselling forms i.e. Intake form, Consent form, referral form
- Assessment tools i.e.
  - Career Interest Inventories
  - Academic Stress Scale (ASS)
  - Cognitive Assessment Tools
  - State-Trait Anxiety Inventory (STAI)
  - Beck Depression Inventory (BDI)