



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH
Qualification : Community Health Level 6
Unit Code : HE/OS/CH/CR/01/6/A
Unit of Competency : Monitor Community Health Care

WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: SHORT ANSWER QUESTIONS [40 MARKS]

Answer ALL the questions in this section.

1. Highlight **four** advantages of a first aid kit to the community. (4 marks)
2. During a household visit, the mother of a 2-year-old reports the baby has been having diarrhoea since the previous night. Outline **three** steps on how you will manage the baby. (3 marks)
3. Identify **four** target groups in the community that you would consider for the process of conducting community health needs assessment. (4 marks)
4. State **two** methods you will use to obtain data when conducting community health needs. (4 marks)
5. Disease surveillance is the process of keeping watch for diseases in the community. Enumerate **four** notifiable diseases in Kenya. (4 marks)
6. Highlight **five** reasons for carrying out disease surveillance in a community health unit. (5 marks)
7. Name **four** training aids you can use when conducting a health education session in the community. (4 marks)
8. State **four** ways you will use to prevent and manage constipation in children in your community. (4 marks)
9. Name **two** risk factors of urinary tract infections as a major ailment among women in the community. (4 marks)
10. Outline four methods of family planning commonly used by women of reproductive age (15-49 years) in the community. (4 marks)

SECTION B: EXTENDED RESPONSE QUESTIONS [60 MARKS]

Answer any THREE questions from this section.

11. The package of youth friendly services for adolescent health as per Kenya's Ministry of Health guidelines contains twenty important components to address.
- a) Describe **ten** of these components. (10 marks)
 - b) Using a well filled diagram explain immunization schedule for an antenatal mother (10marks)
12. In Kenya, improving the quality of maternal and new-born care is a priority given our current health care setting. With reference to the above statement,
- a) Explain five danger signs during pregnancy (10marks)
 - b) Describe **ten** health actions a community health volunteer (CHV) should encourage to improve maternal and child health. (10 marks)
13. After analysis of data from a community health needs assessment activity, the findings showed that most community members do not have access to safe water. Poor sanitation and hygiene were also observed during data collection. To address these issues at the grassroots level, all community health workers should be trained on water, sanitation, and hygiene.
- a. Identify **four** diseases that can be transmitted by contaminated water. (4 marks)
 - b. Explain **five** methods you would recommend for making water safe for drinking in the community. (10 marks)
 - c. Explain **three** roles of community health volunteers in ensuring access to safe water, proper sanitation and hygiene. (6 marks)
14. As a community health assistant in X community health unit, you are expected to facilitate a refresher training to community health volunteers on current trends in the management of common ailments and injuries, and the use of the Community Health Volunteers kit.
- a. Discuss **five** items found in a community healthcare volunteer kit. (10 marks)
 - b. Explain **five** ways in which you will maintain the stock and drug supplies in your community healthcare volunteer kit. (10 marks)