



**AMREF INTERNATIONAL UNIVERSITY
UNIVERSITY EXAMINATIONS 2026
SCHOOL OF PUBLIC HEALTH**

**DEPARTMENT OF COMMUNITY HEALTH
BACHELOR OF SCIENCE IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION APRIL 2026**

UNIT CODE: CHP 324

UNIT NAME: MENTAL HEALTH

DATE: 8TH APRIL 2026

TIME: Two Hours

Start: 9.00AM

Finish: 11.00AM

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This examination comprises TWO sections

Section A: Compulsory Question (30 marks)

Section B: Long Answer Questions (40 marks)

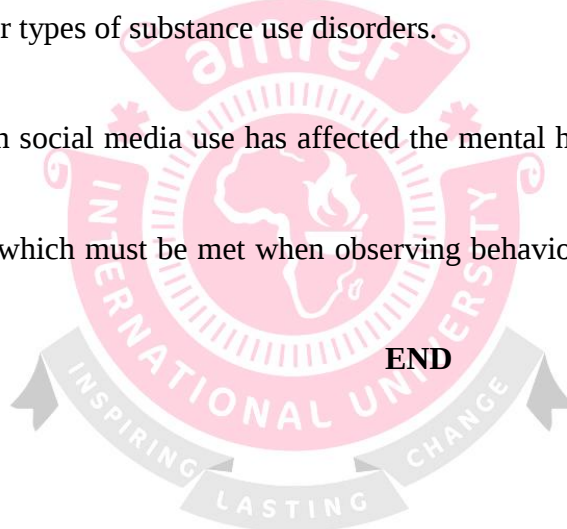
SECTION A: COMPULSORY (30 Marks)

1. Define the following terms: (5 marks)
 - i. Mental health
 - ii. Anhedonia
 - iii. Megalomania
 - iv. Neologism
 - v. Logorrhoea
2. Outline four basic tenets of the psychoanalytic psychopathology. (4 marks)
3. Outline four symptoms of histrionic personality disorder. (4 marks)
4. Highlight four methods used to classify mental disorders. (4 marks)
5. Outline five roles of the family in addressing mental health problems. (5 marks)

6. State four overall recommendations that were made in the first world health report on mental health in 2001. (4 marks)
7. Highlight four characteristics of a person with good mental health status. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (40 Marks)

- 8.
- a) Explain six myths and facts about mental illnesses. (12 marks)
 - b) Discuss four mechanisms you can apply as a community health practitioner to address stigma and discrimination associated with mental illnesses. (8 marks)
- 9.
- a) Describe three classifications of causes of psychiatric disorders. (12 marks)
 - b) Briefly explain four types of substance use disorders. (8 marks)
10. Discuss:
- a) Six ways in which social media use has affected the mental health status of some youths. (12 marks)
 - b) Three conditions which must be met when observing behavior of mental disturbance in a person. (8 marks)



END