



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTERS IN SEXUAL & REPRODUCTIVE HEALTH RIGHTS & POLICY**

END OF TERM- MAY -AUGUST 2026 SEMESTER EXAMINATIONS

UNIT CODE: HSR 707

**UNIT NAME: POLICY PROCESS IN SEXUAL REPRODUCTION HEALTH AND
RIGHTS**

DATE: ...6TH AUGUST 2026.....
TIME: THREE HOURS
START: 5.30 PM **STOP:** 8.30PM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: 1 Compulsory question 15 Marks
Section B: Answer three questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. The VAS has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
10. In case you have any questions call the invigilator for this exam on Tel. 0721952322 and or the Head of Department on Tel 0723742370
11. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

QUESTION 1 (COMPULSARY-15 MARKS)

Your country does not have a sexual reproductive health policy for adolescents and young people. As an expert in SRHR, you have undertaken some research on the root causes of adolescents and young people's challenges in access SRHR services. Your overall finding is that the services are not young people friendly.

- a) Discuss 5 (five) root causes for adolescents and young people not accessing SRHR in your country. **(5 marks)**
- b) You are requested by your policy manager to propose solutions to inform policy interventions. Describe (5) five policy solutions you will recommend briefly stating why they are important in the situation of adolescents and young people. **(5 marks)**
- c) From the Solutions developed above, formulate 5(five) policy advocacy issues directed to the policy makers to address issues identified and the proposed solutions. **(5 marks)**

SECTION B- ANSWER ANY 3 QUESTIONS OF YOUR CHOICE - (TOTAL 45 MARKS)

QUESTION 2

You have been recruited as the SRHR specialist in your Ministry of Health. Your supervisor requests you to draft a concept paper to introduce the development of a new Sexual Reproductive Health and Rights (SRHR) Policy 2026 – 2030 for your country.

- a) Describe the steps you will take in policy formulation. **(5 marks).**
- b) Recommend 5(five) stakeholders you will identify as necessary and discuss why each one of them is important in the process of policy formulation. **(5 marks).**
- c) Propose (5) (five) Sexual and Reproductive Health Issues that you would include in the SRHR Policy stating briefly, why each issue is important for your country. **(5 marks)**

QUESTION 3

International health policies are advanced by negotiations, agreements and binding treaties upon ratification by States through domestication. The International Conference on Population and Development (ICPD Cairo) 1994 is a Landmark International Policy Framework, together with its ICPD Platform of Action for defining reproductive health and reproductive rights.

- a) Discuss 5(five) Sexual Reproductive Health and Rights (SRHR) policy issues that the ICPD Platform of Action proposes to countries/states to take into account in drafting their SRHR policies **(10 marks)**.
- b) Discuss 5 (five) reasons why is it important for women/girls, men /boys and general members of public/communities to participate in Sexual Reproductive Health and Rights Policy formulation and implementation in your country? **(5 marks)**

QUESTION 4

- a) Discuss why it is important for countries to adopt SRHR policies. **(5 marks)**
- b) Your government has appointed you as the Head of the Sexual Reproductive Health and Rights (SRHR) Unit. You are requested to develop a National Sexual and Reproductive Health and Rights (SRHR) Policy. The needs assessment report is availed to you as it was already undertaken. It indicates that socio-economic, political, cultural, legal and ethical issues influence SRHR in your country among others.

Discuss key SRHR priority key components/issues you will consider for inclusion in the policy stating why each should form part of the policy **(10 marks)**.

QUESTION 5

The World Health Organization (WHO) defines Sexual and Reproductive Health and Rights (SRHR) as a state of physical, emotional, mental, and social well-being in relation to sexuality and reproduction, not merely the absence of disease or infirmity. This includes the right to make decisions about one's sexuality and reproduction, access to information and services, and freedom from coercion, discrimination, and violence. SRHR is a fundamental human right and essential for achieving universal health coverage and gender equality. The UN's Sustainable Development Goals (SDGs) have explicitly recognized sexual and reproductive health (SRH) and reproductive rights as essential not only to health but also to gender equality and wider economic and social development. Access to comprehensive sexual and reproductive health services is therefore critical for progressing towards universal health coverage (UHC).

- a) Your manager asks you to draft a Sexual and Reproductive Health and Rights (SRHR) Policy. It is important that you first consider why **universal access to reproductive health is important to development**. Discuss 5 (five) key importance of addressing SRHR as a development issue. **(5 marks)**

- b) Elaborate 5(five) policy SRHR areas of focus to include in the draft SRHR policy in your country, stating the policy challenges and **propose 2 policy statements for each** challenge identified. **(10 marks)**

QUESTION 6

A woman's ability to decide how many children to have and when, without interference from the government is one of the most fundamental rights women possess. It is not just an issue of choice, but equality for all women.

- (a) Discuss five (5) policy challenges women experience in Sub-Saharan Africa in accessing SRHR services. **(5 marks)**
- (b) Provide well elaborated policy solutions to the five (5) challenges discussed in (a) in order to ensure that women and girls access quality and non-discriminatory SRHR services. **(10 marks)**

