



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING & MIDWIFERY SCIENCES.

COURSE CODE: **BSN 111** TITLE: **FUNDAMENTALS OF NURSING**

DATE: Monday 11th August 2025

DURATION: 2 HOURS START: 9:00 AM FINISH: 11:00 AM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises **THREE** Sections. Section I : Multiple Answer Questions. (20marks) Section II: Short Answer Questions (30 marks) Section III: Long Essay Question (20 marks)
3. Answer **ALL** Questions.
4. Do Not write anything on the question paper

MULTIPLE ANSWER QUESTIONS

1. The proponent of adaptation model was: -
 - A. Betty Neuman
 - B. Callista Roy
 - C. Dorothea Orem
 - D. Hildegard peplau
2. The Nursing Council of Kenya was established by the Nurses Act chapter: -
 - A. 247
 - B. 257
 - C. 267
 - D. 147
3. The Kenyan professional association body for nurses is: -
 - A. ECSACON
 - B. NNAK
 - C. ICN
 - D. Nursing Council of Kenya
4. The principle of beneficence states that: -
 - A. Tell the truth
 - B. Do no harm
 - C. Be fair
 - D. Do good
5. The following is not a member state of East Central Southern Africa College of Nursing (ECSACON) : -
 - A. Botswana
 - B. Lesotho
 - C. Malawi
 - D. Congo
6. The St. Thomas hospital in London was opened in: -
 - A. 1860
 - B. 1873
 - C. 1966
 - D. 1949
7. The following is the first phase of the nursing process: -
 - A. Evaluation
 - B. Planning
 - C. Assessment
 - D. Diagnosis

8. The principles and regulations established in a community by the authority refers to;
- A. Integrity
 - B. Law
 - C. Tort
 - D. Ethics
9. Florence Nightngale died on: -
- A. 13th August 1910
 - B. 13th August 1940
 - C. 13th August 1910
 - D. 13th August 1920
10. World International nurses day is celebrated in : -
- A. April
 - B. May
 - C. July
 - D. June
11. Veracity states that you should: -
- A. Be fair
 - B. Tell the truth
 - C. Do no harm
 - D. Do good
12. The Nursing Council of Kenya offices are located in: -
- A. Mombasa
 - B. Nairobi
 - C. Nakuru
 - D. Eldoret
13. The self care deficit theory was proposed by: -
- A. Dorothea Orem
 - B. Hildegard peplau
 - C. Betty Neuman
 - D. Callista Roy
14. Jean Wat son proposed : -
- A. Theory of human caring
 - B. Humanistic theory
 - C. Conservation model
 - D. System model
15. Intentional act of touching the patient without obtaining informed consent is referred to: -
- A. Negligence
 - B. Battery
 - C. Assault

- D. Malpractice
16. The following classification of theories is usually referred to as broad and complex: -
- A. Grand theory
 - B. Meta theory
 - C. Middle ranged theory
 - D. Practice theory
17. Florence Nightngale was born in: -
- A. 12th April 1819
 - B. 12th May 1821
 - C. 12th June 1822
 - D. 12th May 1820
18. The nursing process theory was proposed by: -
- A. Ida Jean
 - B. Dorothea Orem
 - C. Imogene King
 - D. Florence Nightngale
19. Florence Nightngale reduced the mortality rates of the wounded soldiers by: -
- A. 10%
 - B. 30%
 - C. 40%
 - D. 50%
20. The 14 fundamental human needs were proposed by: -
- A. Florence Nightngale
 - B. Virginia Henderson
 - C. Hildegard Peplau
 - D. Betty Neuman

SECTION 11: SHORT ANSWER QUESTIONS

- 1) Explain four paradigms under Florence Nightngale theory (8 Marks)
- 2) Outline the definition of nursing according to Virginia Henderson (3 Marks)
- 3) State four (4) characteristics of a professional nurse (4 Marks)
- 4) Describe the historical background of nursing under the following headings (6 Marks)
 - i. The Folk Image of Nursing:
 - ii. The Religious Image of Nursing

iii. The Renaissance Image of Nursing

5) State the three (3) persons that nurses provide care to (3 Marks)

6) State at least three (3) assumptions of Florence Nightingale theory (6 Marks)

SECTION III: LONG ESSAY QUESTION (20 MARKS)

1. You are the National Nurses Association of Kenya (NNAK) leader and you have been nominated as a committee member of the Nursing Council of Kenya (NCK).

a. Discuss the functions of the Nursing Council of Kenya (10 Marks)

b. Discuss the functions of the National Nurses Association of Kenya(NNAK) (10 Marks)