



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**MASTER OF SEXUAL AND REPRODUCTIVE HEALTH RIGHTS AND POLICY**  
**END OF SEMESTER EXAMINATION ..... 2025**

**UNIT CODE:** HSR 708      **UNIT NAME:** Maternal Health and Safe Motherhood  
**DATE:**      **XX** ....., 2025  
**TIME:**      Three Hours      **Start:** **XX** Hours      **Finish** **XX** Hours

**INSTRUCTIONS**

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (15 marks)  
**Section B:** Long Answer Questions (45 marks)

**SECTION A: COMPULSORY (15 Marks)**

**Short Answer Questions**

1. Define the following terms
  - a. Safe abortion (1 mark)
  - b. Unsafe abortion (1 mark)
  - c. Primary prevention (1 mark)
  - d. Tertiary prevention (1 mark)
  - e. Maternal mortality (1 mark)
2. The three delays model has been used to identify indirect factors that contribute to maternal deaths.
  - a. Describe the three delays (2 marks)
  - b. For each delay, state two indirect factors that contribute to the delay. (3 marks)
3. Answer the following questions on Contraception
  - a. Define the term contraception (1 mark)

- b. Outline 2 medical barriers to contraception access (**2 marks**)
- c. Outline appropriate strategies for addressing the barriers identified above. (**2 marks**)

## **SECTION B**

### **ANSWER ANY THREE (3) QUESTIONS (45 Marks)**

#### **Long Answer Questions**

- 4. Abortion continues to be an important public health issue in Africa.
  - a. Describe the burden of unsafe abortion in Africa (**5 marks**)
  - b. How does unsafe abortion impact health of women and girls in Africa (**5 marks**)
  - c. Discuss strategies of addressing unsafe abortion in your country (**5 marks**)
  
- 5. Respectful maternity care
  - a. Describe what you understand by respectful maternity care. (**2 marks**)
  - b. Outline the benefits of offering respectful maternity care (**5 marks**)
  - c. Discuss the challenges hindering the realisation of respectful maternity care (**5 marks**)
  - d. Describe three strategies of addressing disrespect and abuse (**3 marks**).
  
- 6. Maternal health is an important development agenda that has been incorporated in various development related goals including the Sustainable Development Goals (SDGs).
  - a. Outline two guiding principles that underpin the SDGs. (**2 marks**)
  - b. Outline the two SDG **targets** that are directly related to maternal health. (**3 marks**)
  - c. Describe how the SDG 5 contributes to the improvement of maternal health. (**4 marks**)
  - d. Besides SDGs goal 3 and 5, choose any two SDGs goals and explain how each can contribute to the improvement of maternal health (**6 marks**)

7. Despite the progress in improving maternal health, maternal mortality remains a challenge and has been noted to be a violation of women's human rights. One of the main drivers of maternal mortality is the different barriers to seeking quality timely care. You have been asked to design a program in a rural area somewhere in Sub Sahara Africa to address barriers that keep women and girls from accessing health services during pregnancy and child birth.
- Describe the five barriers you would consider for a successful program (**5 marks**)
  - For each of the barriers described above, explain two strategies that can address the. (**10 marks**)
8. Contraception has been identified as an important human rights issue Internationally and regional human rights frameworks
- Describe the contribution of contraception to maternal health (**5 marks**)
  - Explain the impact of contraception to the social economic status of girls and women. (**5 marks**)
  - Discuss regional rights policy framework/s related to contraception and its contribution to the access of contraception. (**5 marks**)

