



**AMREF INTERNATIONAL UNIVERSITY  
SCHOOL OF PUBLIC HEALTH  
DEPARTMENT OF COMMUNITY HEALTH  
MASTERS IN SEXUAL & REPRODUCTIVE HEALTH RIGHTS & POLICY  
END OF MAY-AUGUST 2024 SEMESTER EXAMINATIONS**

**UNIT CODE:** HSR 707

**UNIT NAME:** POLICY PROCESS IN SEXUAL REPRODUCTION HEALTH AND  
RIGHTS

**DATE:** FRIDAY 16<sup>TH</sup> AUGUST 2024

**TIME:** THREE HOURS

**START:** 5.00 PM                      **STOP:** 8.00PM

**INSTRUCTIONS**

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections  
**Section A:** 1 Compulsory question            15 Marks  
**Section B:** Answer three questions 45 Marks
3. This online exam shall take THREE Hours
4. Late submission of the answers will not be accepted
5. Ensure your web-camera is on at all times during the examination period
6. No movement is allowed during the examination
7. Idling of your machine for 5 min or more will lead to lock out from the exam
8. The Virtual Assessment System (VAS) has inbuilt integrity checks to detect cheating
9. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
10. In case you have any questions call the invigilator for this exam on Tel. 0721952322 and or the Head of Department on Tel 0723742370
11. For adverse incidences please write an email to: [amiu.examinations@amref.ac.ke](mailto:amiu.examinations@amref.ac.ke)

## **SECTION A: COMPULSORY (15 MARKS)**

1. Jane is a girl aged 15 years old. One day the mother found a packet of male condoms in her school bag. The mother was unhappy and informed Jane's father. The parents insisted that Jane declare where she got the condoms or else be punished. The policy in Jane's country did not allow adolescents or young people (10-19) to have access to family planning services. Jane feared her dad would punish her and she disclosed that she obtained the condoms from a clinic that was youth friendly in her community. The father stormed the clinic and requested to know why the health care provider was exposing his daughter to sexual activities by supplying her with condoms. The matter is referred to you as the adviser on sexual and reproductive health and rights in the department of community health at the health facility. Respond to the following: -
  - a) Name and discuss 5 (five) factors that inhibit the access to SRHR by Adolescents / Youth. (5 marks).
  - b) What advise will you give Jane's parents in terms of Jane being able to access age-appropriate sexuality education. (5 marks)
  - c) Advice Jane on 5 (five) Key Advocacy issues she can engage policy makers on for removal of the identified barriers restricting young people from accessing Sexual Reproductive Health services. (5 marks).

## **SECTION B- ANSWER ANY 3 QUESTIONS (45 MARKS)**

2.
  - a) Define public health policy (3 marks)
  - b) Your government has appointed you as the Head of the Sexual Reproductive Health and Rights (SRHR) Unit. The first task assigned to you is to develop a National Sexual and Reproductive Health and Rights (SRHR) Policy. The policy needs assessment already undertaken and presented to you indicate that socio-economic, political, cultural, legal and ethical issues influence SRHR in your country among others.

*Provide Key SRHR priority components/indicators you will consider for inclusion stating why each should form part of the policy* (12 marks).

3. International health policies are advanced by negotiations, agreements and binding treaties upon ratification by States through domestication. The International

- Conference on Population and Development (ICPD Cairo) 1994 is a Landmark International Policy Framework, together with its ICPD Platform of Action for defining reproductive health and reproductive rights.
- a) Name and discuss 5(five) Sexual Reproductive Health and Rights (SRHR) key issues/indicators that the ICPD Platform of Action proposes to countries/states to consider in ensuring SRHR take centre stage in national development  
(10 marks).
  - b) Give 5 (five) reasons why is it important for women/girls, men /boys and general members of public/communities to participate in Sexual Reproductive Health and Rights Policy formulation and implementation in your country? Vvv  
(5Marks)
4. Your supervisor requests you to draft a concept paper to introduce the development of a new Sexual Reproductive Health and Rights (SRHR) Policy 2024 – 2028 in your country.
- a) State and explain the steps in policy formulation you will take. (5 marks).
  - b) Name 5(five) key stakeholders you will identify as necessary and discuss why they are important in the process of policy formulation. (5 marks).
  - c) Identify and discuss and (5) (five) key Sexual and Reproductive Health Issues that you propose to include in the SRHR Policy context stating briefly, why each is important for your country / jurisdiction in Africa. (5 marks)
5. A number of African countries develop separate Adolescent Sexual and Reproductive Health Policies while others include a thematic section addressing adolescents and young persons in national SRHR policies. The Africa Union has acknowledged that Africa has a youthful population. Countries need to address Adolescents Sexual Reproductive Health and Rights (ASRHR). You are contracted by one African Country to advise and develop an Adolescents and Young person's SRHR policy. Respond to the following: -
- a) State and elaborate 5(five) objectives of such ASRHR policy frameworks.  
(5 marks).
  - b) Name 5 (five) key challenges that African countries face in implementation of ASRHR policies. (5 marks).
  - c) Make recommendations of 5(five) critical roles that policy makers could allocate to Adolescents and young person's themselves for effective implementation of any ASRHR policy. Provide explanation for the actions you recommend. (5 marks)
6. World Health Organization (WHO) has defined sexual health as a State of physical, emotional, mental and social well-being in relation to sexuality. It is not merely the absence of disease, dysfunction or infirmity. Sexual rights must be respected, protected and fulfilled.

- a) Your manager asks you to draft a Sexual and Reproductive Health and Rights Policy. It is important that you consider the human rights that are critical to sexual health. Name 5 (five) SRH rights. (5 marks)
- b) Discuss 5 (five) key constraints that African countries face in making SRHR in Sub Saharan Africa available, accessible, affordable and of good quantity. (Refer to your country context. (10 marks).