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**102106T4COH**

## **COMMUNITY HEALTH LEVEL 6**

**HE/CU/CH/CR/04/6**

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## **Conduct Community-Based Health Care**

**July/August 2025**

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## **TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)**

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### **WRITTEN ASSESSMENT**

**Time: 3 HOURS**

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### **INSTRUCTIONS TO CANDIDATE**

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1. This paper consists of **TWO** sections: **A** and **B**.
2. Attempt **ALL** questions in section **A**.
3. Attempt **any THREE** questions in section **B**.
4. Marks for each question are indicated in the brackets.
5. Candidates are provided with a separate answer booklet
6. Do not write on the question paper.

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**This paper consists of FOUR (4) printed pages**

**Candidates should check the question paper to ascertain that all pages  
are printed as indicated and that no questions are missing.**

**SECTION A (40 MARKS)**

*Attempt ALL the questions in this section*

1. Immunodeficiency Virus (HIV) suppresses the immune system causing invasion by opportunistic infections. Identify FOUR ways through which HIV can be transmitted. [4 Marks]
2. Community Health Providers play critical health-related roles to help community members live quality lives. Identify FOUR examples of such roles. [4 Marks]
3. Community Health Care Providers are health professionals based in communities, who support health care activities by providing health services. Highlight FOUR examples of Community Healthcare Providers in your Community. [4 Marks]
4. When Human Immunodeficiency Virus (HIV) enters the body, it eventually progresses into Acquired Immunodeficiency Syndrome (AIDS). State the FOUR stages of HIV progression in the human body. [4 Marks]
5. A barrier is anything that blocks or limits the success of something. Identify FOUR barriers to health services in your community. [4 Marks]
6. A health sign is a physical indication of the presence of a disease. Identify FOUR signs that can guide Health Workers in identifying individuals possibly infected with Tuberculosis. [4 Marks]
7. When counseling a Tuberculosis patient, a Healthcare Worker should emphasize certain key messages. Identify TWO examples of such messages. [2 Marks]
8. You have been appointed the Community Health Assistant at the Maji Safi Community Health Unit, which is in an area with high prevalence of water-borne diseases. You are required to develop a strategy to guide the unit in prevention efforts for the diseases. State TWO measures that you will incorporate in your strategy. [2 Marks]
9. Palliative care is specialized medical care given to patients living with serious illness to improve their quality of life. Identify FOUR patients/illnesses that are eligible for palliative care. [4 Marks]
10. Mental assessment includes descriptions of the patient's appearance and general behavior, level of consciousness and attentiveness, motor and speech activity and mood. State FOUR reasons why Mental Health Assessment is important in Community Based Health Care. [4 Marks]

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11. In order to design an effective strategy for dealing with the challenge of psycho-active drugs in the society, a Community Health Assistant is required to carry out a needs assessment.

Enumerate the FOUR main steps of carrying out the assessment.

[4 Marks]

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**SECTION B (60 MARKS)**

***Attempt Any THREE(3) Questions only in this section***

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12. Disaster preparedness is the process of planning and organizing resources, procedures, and policies to effectively respond to and manage the impact of potential disasters. It ensures that communities are ready and equipped to face natural or man-made disasters.

a) Explain the FIVE steps involved in disaster preparedness. [10 Marks]

b) Describe FIVE components of a Comprehensive Disaster Preparedness Strategy [10 Marks]

13. Access to health services means that one can get essential health services for better health outcomes.

a) Explain FIVE components necessary for accessibility of health care services. [10 Marks]

b) Various factors influence access to Tuberculosis treatment by patients. Evaluate FIVE of these factors. [10 Marks]

14. Integrated Community Case Management (ICCM) is a strategy that enables the assessment, classification, treatment and referral of cases causing high mortality among children under the age of 5 years.

a) Giving one relevant example in each case, explain the FOUR-STEP procedure of Child-care in ICCM. [12 Marks]

b) Examine FOUR ways in which ICCM can be applied in the management of Malaria. [8 Marks]

15. Psycho-active drugs are type of the drugs that affects the normal functioning of the brain and brings about changes in perception, consciousness, moods and behavior.

a) Explain FIVE reasons why some youths in Kenya abuse drugs. [10 Marks]

b) Evaluate FIVE effects of drug abuse among the Kenyan youths [10 Marks]