



AMREF INTERNATIONAL UNIVERSITY

University Examinations

School of Medical Sciences

Department of Nursing and Midwifery Sciences

End of May/August 2026 Semester Examination

Programme: Advanced Diploma in Applied Mental Health Practice (ADAMHP)

Course Code: ADMH 105

Course Title: Research Methods in Mental Health

Date: Tuesday, 11th August, 2026

Time: 2 Hours from 4.00 p.m. to 6.00 p.m. EAT

Instructions

1. This exam is marked out of 60 marks.
2. This examination comprises TWO Sections
Section A: Short Answer Questions (20 Marks)
Section B: Com Long Answer Questions and/or Case Scenarios (40 Marks)
3. This exam shall take 2 Hours
4. Write your University registration number on every booklet that you use
5. Do not write on the question paper. Use back of the answer booklet for rough work purposes
6. All questions are **COMPUSORY**

Read carefully additional instructions preceding each section.

Section A: Short Answer Questions (20 MARKS)

All questions are compulsory

Q1.

Explain FIVE purposes of research in mental health practice **(5 marks)**

Q2.

Differentiate between reliability and validity of psychological tools **(5 marks)**

Q3.

Using a table compare any FIVE qualitative research designs and their areas of focus **(5 marks)**

Q4. Differentiate between true experiments and quasi-experiments **(5 Marks)**

Section b: 40 Marks

All questions are compulsory

Q5.

a). Formulate one suitable qualitative research title. **(3 marks)**

b) In reference to question 7(a), identify one qualitative research design appropriate for the study and justify its use. **(3 marks)**

c) In reference to question 7(a), state three possible general research objectives **(6 marks)**

d). In reference to question 7(a), discuss the data collection procedures you would use for this study **(10 marks)**

Q6.

a) Discuss the difference between stratified sampling and convenience sampling techniques **(10 marks)**

b) You are conducting a qualitative study focusing on rape among children in a community which is different from your community. Examine FIVE challenges you are likely to encounter during data collection. **(10 marks)**

End!