



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 031306T4PSY
Qualification : Counselling Psychology Level 6
Unit Code : PSY/CU/CO/CR/04/6/A
Unit Of Competency : Special Needs And Disability Counselling

CANDIDATE WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. This paper has two sections A and B.
3. You are provided with a separate answer booklet.
4. Marks for each question are indicated in the brackets.
5. Do not write on the question paper.

*This paper consists of **THREE (3)** printed pages*

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer All Questions

1. Providing counselling to people with special needs is important for the family. Mention FOUR benefits of providing disability counselling (4 marks)
2. Counsellors are expected to use some skills in order to conduct a good assessment for clients with special needs. State FOUR counselling skills that counsellors require during counselling sessions (4 marks)
3. People living with disabilities portray some characteristics. Outline FOUR characteristics of children with mental disabilities (4 marks)
4. In the field of special education, children with special needs are often categorized based on the nature of their disabilities and the specific support they require. Highlight FOUR categories of children with special needs (4 marks)
5. Counsellors face some problems while counselling people with disabilities. Mention FOUR problems that counsellors encounter (4 marks)
6. Outline FOUR ways in which a trainer would promote positive emotions among learners with special needs and disabilities in a classroom environment (4 marks)
7. People with special needs face some challenges in their daily life. Enumerate FOUR challenges that a person with physical impairment is likely to face (4 marks)
8. Learning disabilities can manifest in various forms, impacting a child's ability to process information, retain knowledge, or perform academic tasks. Enumerate FOUR manifestations of learning disabilities in children (4 marks)
9. Learners with special needs often face some issues in their lives that may require special attention. Outline FOUR ways through which a counsellor may assist learners with special needs to manage stress (4 marks)
10. Giftedness and talent in children are often characterized by advanced intellectual abilities and exceptional skills in specific areas. Highlight FOUR indicators of giftedness and talentedness in children (4 marks)

SECTION B: (60 MARKS)

Answer Three Questions

11. Many disabilities are caused by factors that occur before birth, during and after birth and these causes can have a profound effect on a child's development. It is important for a counsellor to understand the origin and timing of these factors which is crucial in addressing the needs of individuals with disabilities.

- a) Describe FIVE prenatal causes of disability (10 marks)
- b) Discuss FIVE ways in which a counsellor would ensure the health of clients with special needs and disabilities is maintained (10 marks)

12. When preparing a counselling venue, it is essential to consider the unique needs of the individual being counselled, especially for those with special needs. The physical, emotional and sensory aspects of the space play a critical role in creating a supportive and effective environment for therapeutic sessions.

- a) Discuss FIVE factors that a counsellor should consider when preparing a counselling venue for a client with special needs (10 marks)
- b) Explain FIVE ethical principles that counselors should uphold when counselling clients with special needs (10 marks)

13. Many parents and guardians with special needs children experience some challenges while raising up their special needs' children.

- a) Discuss FIVE challenges that parents/guardians with special needs children are likely to encounter while raising their special needs children (10 marks)
- b) As a Counselling Psychologist, explain FIVE ways in which you are going to help such parents and guardians to be able to raise their special needs children effectively (10 marks)

14. There are many children in Kenya living under difficult circumstances. These children live in conditions that pose serious threats to their lives and survival.

- a) Discuss FIVE problems that children living on the streets are likely to encounter (10 marks)
- b) Explain FIVE reasons why a counsellor working with people living with disabilities would need constant supervision (10 marks)