



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION AUGUST 2026

UNIT CODE: DCHP 135 Reproductive Health

DATE: 3rd August, 2026

TIME: **Two Hours** **Start: 9AM** **Finish: 11AM**

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (20 Marks)

Short Answer Questions

1. A Community Health Promoter is facilitating a community dialogue on sexual and reproductive health (SRH) to improve awareness among community members.

Define the following terms:

a) Sexual and reproductive health. (2 marks)

b) Reproductive health rights. (2 marks)

2. A sub-county health team is reviewing maternal and reproductive health reports to monitor the performance of reproductive health programmes. State FOUR key sexual and reproductive health indicators commonly used to assess programme performance. (4 marks)

3. A Community Health Volunteer is conducting health education for adolescents in a secondary school to reduce risky sexual behaviours. Identify FOUR sexual and reproductive health needs of adolescents. (4 marks)

4. A health facility has reported increasing cases of unintended pregnancies among women of reproductive age. Outline FOUR public health challenges encountered in promoting sexual and reproductive health rights within the community. (4 marks)

5. A Community Health Officer is designing interventions to reduce risky sexual behaviour among young people. State TWO risk factors and two protective factors that influence sexual behaviour. (4 marks)

SECTION B

ANSWER ANY TWO (2) QUESTIONS (40 Marks)

6. A county government has recorded high rates of adolescent pregnancies, sexually transmitted infections (STIs), and low utilization of family planning services among young people. The County Health Department plans to strengthen adolescent-friendly reproductive health services.

i. Discuss FIVE sexual and reproductive health needs of adolescents, explaining the importance of addressing each need. (10 Marks)

ii. Explain FIVE strategies that community health workers can use to prevent unintended pregnancies and sexually transmitted infections among adolescents. (10 Marks)

7. A maternal health assessment conducted in a rural county revealed high maternal mortality, low antenatal care attendance, limited contraceptive uptake, and poor access to postnatal services.

i. Discuss FIVE reproductive health needs and challenges faced by women, highlighting appropriate community health interventions for each challenge. (10 Marks)

ii. Explain FIVE global strategies used to improve sexual and reproductive health, with reference to: (10 Marks)

8. A referral hospital has established a comprehensive Sexual and Gender-Based Violence (SGBV) recovery centre after an increase in reported cases of rape, intimate partner violence, cervical cancer, and obstetric fistula.

i. Discuss the clinical management of rape survivors and survivors of intimate partner violence, highlighting the role of the Community Health Officer in supporting comprehensive care. (10 Marks)

ii. Explain the management and prevention of the following reproductive health conditions: (10 Marks)

END OF EXAMINATION