



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
HIGHER DIPLOMA IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION DECEMBER 2025

UNIT CODE: HDCH 011

UNIT NAME: Principles of Community Health

DATE: XX December, 2025

TIME: Two Hours

Start:

Finish

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (20 Marks)

Short Answer Questions

1. List **four** determinants of community health. (4 marks)
2. State **three** components of community health. (3 marks)
3. Identify **two** major sources of demographic data. (2 marks)
4. State the **five** principles of Primary Health Care as outlined in the Alma-Ata Declaration. (5 marks)
5. Mention **three** benefits of conducting a community health diagnosis. (3 marks)
6. Highlight **three** tools used in data collection during a community diagnosis. (3 marks)

SECTION B (40 Marks)

ANSWER ANY TWO (2) QUESTIONS

7. Community health is a cornerstone of both national prosperity and global progress by serving as a bridge between local well-being and global sustainability.
 - a. Discuss **five** ways in which community health contributes to national development. (10 marks)

- b. Explain **five** ways in which community health links to global health goals such as the Sustainable Development Goals (SDGs). (10 marks)
- 8.
- a. Population health involves understanding and addressing the diverse factors that influence health outcomes across different populations. Explain **three** major factors that determine the population of a defined area and its growth over time. (6 marks)
- b. Explain the **three** tools of measurement used in demography. (6 marks)
9. Demographic Transition Theory explains the changes in birth and death rates that occur during different phases of population growth. Discuss the **four** main stages of demographic transition. (8 marks)
10. Community diagnosis process examines aggregate and social statistics in addition to the knowledge of the local situation to determine the health needs of the community.
- a. Explain **five** methods you can use as a community health assistant to identify needs in your community. (10 marks)
- b. Discuss **five** benefits of sharing findings and providing feedback to the community. (10 marks)

