



AMREF INTERNATIONAL TRAINING CENTER

MODULE IV

COUNSELLING LEVEL 6

HW/CU/CP/CR/04/6/MA

Special Needs and Disability Counselling

WRITTEN ASSESSMENT

TIME: 2 HOURS

INSTRUCTIONS TO CANDIDATES

1. This paper consists of two sections: **A** and **B**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do Not write on the question paper.

*This paper consists of **THREE (3)** printed pages*

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL questions in this section

1. You have been appointed as a counsellor in a community programme that supports vulnerable clients with special needs. To guide your intervention, state FOUR objectives of special needs counselling for clients enrolled in this programme. (4 Marks)
2. As a counsellor working in a special needs counselling unit, you are expected to uphold professional and ethical standards while providing services. State FOUR principles that should guide counselling practice within this unit. (4 Marks)
3. A number of refugees have been admitted into the programme and require psychosocial support to facilitate their adjustment and integration. Identify FOUR characteristics of refugees represented in the programme. (4 Marks)
4. A children's support facility has enrolled several orphaned children who require counselling and other support services. Outline FOUR needs of orphans within this facility. (4 Marks)
5. Before commencing counselling sessions for clients with special needs, an appropriate counselling environment must be identified. Mention FOUR factors considered when selecting a counselling venue for these clients. (4 Marks)
6. You have been assigned to assess the needs of newly enrolled clients before developing an intervention plan. State FOUR types of assessment tools you would use for this assignment. (4 Marks)
7. The programme serves clients with diverse conditions and support requirements. Identify FOUR categories of special needs represented within the programme area. (4 Marks)
8. During a counselling session, a child displays behaviours that may indicate Attention Deficit Hyperactivity Disorder (ADHD). Identify FOUR signs of ADHD. (4 Marks)
9. Before initiating counselling services, a formal agreement must be established between the counsellor and the client. State FOUR components of a counselling contract form required for this engagement. (4 Marks)
10. During the counselling process, some clients may require services beyond the counsellor's area of expertise. State FOUR reasons that may justify referral of these clients to other services. (4 Marks)

SECTION B (60 MARKS)

Answer THREE Questions in this section

11. Special needs and disability counselling often involves working with diverse populations facing unique challenges. To provide effective support, counsellors must understand the characteristics of these populations as well as the challenges that may arise when delivering counselling services.
- a) Discuss FIVE categories of special needs clients commonly served by counsellors. (10 Marks)
 - b) Explain FIVE counselling challenges that may arise when working with these populations. (10 Marks)
12. Clients with special needs and disabilities may sometimes require referral to other professionals. Additionally, provision of follow-up support is essential in ensuring that they continue to receive comprehensive care and maintain progress achieved during counselling.
- a) Describe FIVE reasons why referrals may be necessary in special needs and disability counselling. (10 Marks)
 - b) Explain FIVE issues that counsellors face while providing counselling services to special needs and disability clients. (10 Marks)
13. Children with disabilities often benefit from interventions that address both their individual needs and their social environment. Group counselling and caregiver psychoeducation are important strategies for supporting children with disabilities and enhancing their overall development.
- a) Elaborate FIVE advantages of group counselling for children with disabilities. (10 marks)
 - b) Discuss FIVE psychoeducation topics you would include for the children's caregivers. (10 marks)
14. You have been deployed to a Special Needs and Disability Counselling Centre that serves children, adolescents and adults with diverse needs. Many clients are accompanied by parents, guardians or caregivers who play an important role in the counselling process. To ensure successful service delivery, the counsellor must establish and maintain effective rapport with both clients and caregivers.
- a) Describe FIVE techniques used in building rapport with clients and caregivers in this programme. (10 Marks)
 - b) Explain FIVE benefits of establishing effective rapport for service delivery within the centre. (10 Marks)