

Level 5

Provide First Aid Services

July/August 2025



**AMREF INTERNATIONAL TRAINING CENTRE
WRITTEN ASSESSMENT**

Time: 3 Hours

INSTRUCTION TO CANDIDATE

1. Marks for each question are indicated in the brackets
2. This paper consists of **TWO** sections: **A** and **B**
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper

This paper consists of Three (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing

SECTION A (40 Marks)

Answer ALL questions in this section

1. During a community outreach, you are asked to give a talk about safety in the workplace.
 - a) State two Occupational Safety and Health requirements for carrying out workplace tasks. (2 Marks)
 - b) Identify two ways community members can report health and safety concerns. (2Marks)
2. While conducting a risk assessment in a local clinic, you observe poor storage of sharp objects.
 - a) Mention two hazards that could arise from this situation. (2 Marks)
 - b) Identify two methods of reporting hazards according to MOH protocols. (2 Marks)
3. You notice that new health volunteers are unaware of how to handle minor injuries.
 - a) Enumerate Two ways to identify needed OSH-related training. (2 Marks)
 - b) State Two OSH guidelines relevant to basic first aid handling. (2 Marks)
4. A community member is injured while sweeping a public park. You are first on scene. Highlight Four methods on how you would conduct a quick scene size-up. (4 Marks)
5. In a first aid demonstration, a student is unsure of how to apply PPE.
 - a) Identify Two personal protective equipment items used in first aid (2Marks)
 - b) State two reasons for using PPE during first aid. (2 Marks)
6. While assisting a casualty, you realize they need advanced care. Mention Four indicators that a casualty's condition is deteriorating. (4 Marks)
7. During a school safety audit, you are asked to assess risk prevention measures. Highlight Four ways hazards are identified during assessments. (4 Marks)
8. You provide first aid to a person who has fainted.
 - a) Outline TWO first aid measures you would take. (2 Marks)
 - b) Mention TWO steps to monitor their condition afterward. (2 Marks)

9. After completing first aid, you are responsible for area cleanup. Enumerate FOUR steps to safely dispose of used materials. (4 Marks)
10. You are called to assist a child experiencing trauma after a road accident.
- a) Define psychological first aid (PFA). (2 Marks)
 - b) Name Two assessment tools used in psychological first aid. (2 Marks)

SECTION B: (60 MARKS)

Answer ANY THREE (3) questions.

11. In Promoting Community Safety and Health, you discuss the importance of Occupational Safety and Health (OSH) in a community setting.
- a) Explain FIVE OSH requirements and how they are applied in community health work. (10 Marks)
 - b) Describe FIVE methods on how to report hazards, injuries, and sickness according to MOH protocols. (10 marks)
12. In a group discussion you are expected to demonstrate your understanding of Assessing Hazards and Risk Prevention principles by analyzing a given scenario and proposing appropriate preventive measures.
- a) Describe Five Steps in arranging a work area in line with housekeeping procedures. (10 Marks)
 - b) Discuss Five methods on how to generate a hazard and risk prevention assessment report. (10marks)
13. Giving a talk in the clinic, you discussed critical role of adherence to First Aid Principles in ensuring optimal outcomes during Casualty Management.
- a) Explain FIVE steps on how to conduct a scene size-up and cordon the area that you talked about. (10 marks)
 - b) Describe FIVE methods to secure and manage a casualty's condition. (10 marks)
14. Psychological First Aid, Examine the procedures for providing psychological first aid and finalizing first aid services.
- a) Describe Six ways of Proper storage and disposal of reusable and used materials. (12marks)
 - b) Explain FOUR Steps in demonstrating psychological first aid to a trauma victim. (8 marks)