



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF COMMUNITY HEALTH**  
**BACHELOR OF SCIENCE IN COMMUNITY HEALTH**  
**END OF SEMESTER EXAMINATION DECEMBER 2025**

**UNIT CODE:** CHP 226      **UNIT NAME:** Principles of community health strategy

**DATE:**      XX December 2025

**TIME:**      **TWO Hours**      **Start:**      **Finish**

**INSTRUCTIONS**

1. This exam is marked out of 70 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (30 marks)  
**Section B:** Long Answer Questions (70 marks)

**SECTION A: COMPULSORY (30 Marks)**

**Short Answer Questions**

1. Name three reasons community health strategies are critical in low-income countries. (3 marks)
2. List three key differences between healthcare systems in developed and developing countries with clear examples. (6 marks)
3. Identify three historical milestones that influenced Kenya's healthcare system development. (3 marks)
4. State, with examples the six tiers of Kenya's healthcare delivery system and state what each level involves. (3 marks)
5. Describe three ways Health Sector Strategic Plans have improved health services in Kenya. (6 marks)
6. Highlight three roles governance plays in successfully implementing health policies with relevant examples. (3 marks)
7. List three roles non-governmental organizations (NGOs) play in supporting community health strategies, using real or realistic examples. (6 marks)

**SECTION B: Long Answer Questions**  
**ANSWER ANY TWO (2) QUESTIONS (40 Marks)**

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- a) Using practical examples from Kenyan communities, describe **FOUR** ways in which community health workers contribute to strengthening health systems **(10 marks)**
- b) Drawing from real or local health settings, examine **FOUR** challenges faced in establishing sustainable Community Health Units **(10 marks)**

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- a) Drawing from practical experiences in Kenya or similar developing countries, analyze **FOUR** strategies that can be adopted to ensure the sustainability of the Community Health Strategy **(8 marks)**
- b) With reference to Kenya's devolved health care system, examine **TWO** strengths and **TWO** weaknesses based on current implementation experiences **(4 marks)**
- c) Explain the structure and key stakeholders involved in the implementation of the community health strategy in Kenya. **(6 marks)**

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- a) Using practical examples from Kenyan counties or similar settings, evaluate **FOUR** roles that community participation plays in the success of the Community Health Strategy **(8 marks)**
- b) Using a practical example, describe how the pairwise matrix can be applied to life cycle cohorts (e.g., pregnancy and newborn, young child, youth and adolescent, adult, elderly) to inform health service planning and decision-making at the community level. **(12 marks)**
- c) Highlight the roles of community health workers (CHWs) and volunteers in service delivery. **(6marks)**
- d) Discuss the process of developing community health units and outline the criteria used to target beneficiaries, making reference to proxy health indicators and real key health indicators. **(6 marks)**