



AMREF INTERNATIONAL UNIVERSITY

SCHOOL OF MEDICAL SCIENCES

DEPARTMENT OF NURSING & MIDWIFERY SCIENCES

END OF APRIL SEMESTER 2026 EXAMINATIONS

COURSE CODE AND TITLE: BSN 115: Medical Sociology and Anthropology

DATE: 10TH APRIL 2026

Duration: 2 HOURS

START: 2:00PM STOP: 4:00PM

INSTRUCTIONS

- 1. This exam is out of 70 marks**
- 2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)**
- 3. Answer ALL Questions.**
- 4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.**

PART 1: MULTIPLE ANSWER QUESTIONS (20 MARKS)

1. Primary agent of socialization is:
 - A. School
 - B. Family
 - C. Media
 - D. Church

2. Social mobility refers to:
 - A. Movement across social classes
 - B. Mutation
 - C. social change
 - D. Religion

3. Upward mobility improves health through:
 - A. Better access to care
 - B. Mutation
 - C. social change
 - D. Virus

4. Social stratification means:
 - A. Equal society
 - B. Ranking system
 - C. Mutation
 - D. Socialization

5. The process of grouping people according to their achievement in the society is known as:
 - A. Ascribed status.
 - B. Acquired status.
 - C. Social mobility.
 - D. Stratification.

6. The father of sociology is known as:

- A. Auguste Comte.
 - B. Max Webber.
 - C. Rouvroy
 - D. Emile Durkheim.
7. A situation where a nurse interprets behaviour of a patient by reference to the standards of her own culture rather than by that of the culture to which the client belongs is:
- A. Enculturation.
 - B. Ethnocentrism.
 - C. Acculturation.
 - D. Culture shock.
8. The study of classification of human beings is referred to as:
- A. Sociology.
 - B. Archaeology.
 - C. Anthropology.
 - D. Philosophy.
9. The term sociology was founded in the year:
- A. 1918.
 - B. 1928
 - C. 1938
 - D. 1948.
10. The study of the classification and analysis of human beings and their society is called:
- A. Sociology.
 - B. Archeology.
 - C. Geology.
 - D. Anthropology.
11. A gradual change, which occurs with very low human effort is called:

- A. Revolution.
- B. Diffusion.
- C. Reform.
- D. Evolution.

12. An expected behaviour attached to social status is known as:

- A. Role.
- B. Status.
- C. Norm.
- D. Position.

13. Marriage of more one woman to one man is known as:

- A. Polyandry.
- B. Extended family.
- C. Polygamy.
- D. Polygyny.

14. A nurse taking history from a patient was able to identify his position in the society. This is known as:

- A. Status.
- B. Role.
- C. Stratification.
- D. Customs.

15. Social conflict arises from:

- A. Equality
- B. Competing interests
- C. DNA
- D. Mutation

16. Migration from rural to urban leading to stress is example of:

- A. Social mobility

- B. Mutation
- C. Isolation
- D. Stability

17. Socially transmitted behaviour patterns, arts, institutions, as well as the values and beliefs that a person copies from other persons with whom they interact are defined as:

- A. Sociology.
- B. Virtues.
- C. Culture.
- D. Norms.

18. One of the following statements about supra organic culture is true:

- A. Individuals come and go but culture remains and persists.
- B. It is not beyond any individual lifetime.
- C. There is no culture without human society.
- D. Culture does not persist beyond a generation.

19. The process of assimilation of social values is:

- A. Evolution.
- B. Accommodation.
- C. Socialization.
- D. Revolution.

20. The status determined by the talents, intelligence, Wealth and achievement of a person is:

- A. Ascribed.
- B. Achieved.
- C. Model of living.
- D. Kingship.

PART II: SHORT ANSWER QUESTIONS (30 MARKS)

1. Explain 3 social institutions and their functions (6marks)
2. Identify three (3) cultural practices and state three effects on a person's health caused by one of them. (6mks).
3. State five (5) elements of culture. (5mks).
4. Outline five (5) stages of culture shock. (5 MKS)
5. State five (5) functions of the family (5MKS)
6. Outline the food taboos and effects on health among different groups in Kenya (3marks)

PART III: LONG ANSWER QUESTION (20 MARKS)

1. The world has been experiencing social change since the time of creation.
 - a. Define social change. (2mks).
 - b. Describe three (3) theories of social change. (6mks).
 - c. State five (5) negative effects of rural/urban migration on health of a person. (5mks).
 - d. Explain seven (7) steps that are used in social change. (7mks).