



**AMREF INTERNATIONAL UNIVERSITY  
SCHOOL OF MEDICAL SCIENCES  
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES  
BACHELOR OF SCIENCE IN MIDWIFERY (UPGRADING)  
END OF SEMESTER EXAMINATION JANUARY – APRIL 2026 SEMESTER**

**COURSE CODE: BSN 311**

**COURSE NAME: Gender, Sexual and Reproductive Health**

**7<sup>th</sup> April 2026.**

**Time: 2 hours**

**START: 2:00PM**

**STOP: 4:00PM**

**INSTRUCTIONS**

- This examination is out of 70 marks distributed as follows:
  - Section I: Multiple choice questions (20 marks)
  - Section II: Short answer questions (30 marks)
  - Section III: Long answer question (20 marks)
- Answer ALL the questions in the answer sheet provided.
- Maintain examination integrity as instructed.

**MULTIPLE CHOICE QUESTIONS (MCQS)**

**20 MARKS**

1. Negative health behaviours that can be exhibited by a client who survives gender based violence include:
  - a) Phobia, eating and panic disorders
  - b) Drug abuse, smoking and prostitution
  - c) Anxiety, depression and low self esteem
  - d) Infertility, chronic pain and genital injuries
2. Partial or total removal of clitoris and labia minora with or without removal of labia majora is referred to as;
  - a) Clitoridectomy
  - b) Infibulation
  - c) Excision
  - d) Cauterisation
3. Fairness and justice in the distribution of benefits and responsibilities between men and women are referred to as;
  - a) Gender equality
  - b) Gender analysis
  - c) Gender mainstreaming
  - d) Gender equity
4. A statement which correctly describes gender is:
  - a) It is a classification
  - b) It varies within and between cultures
  - c) It is static and does not vary
  - d) It is innate
5. One of the following statements correctly describes gender disparities:
  - a) Systematic differences in outcome that men and women achieve in an individual or particular sector
  - b) Rigid constructs that promote the belief that differences are biological rather than social.
  - c) Unequal or unfair treatment of men and women based solely on their sex rather than on their individual skills, talents and capability.
  - d) Equal treatment of women and men, girls and boys so that they can enjoy the benefits of development
6. The statement that best describes gender stereotypes is:
  - a) Systematic differences in outcome that men and women achieve in an individual or particular sector
  - b) They believe that gender roles are based on biological differences rather than on socially constructed expectations
  - c) It is imbalances/differences that arise due to socially assigned gender roles/issues
  - d) A policy that favors marginalized/ disadvantaged groups in society, such as women
7. Following sexual assault, a survivor is advised to do one of the following:

- a) Brush hair
  - b) Shower, bathe or clean up
  - c) Change clothing
  - d) Wrap the clothes in a newspaper or brown paper bag
8. The main purpose of conducting forensic examination is to;
- a) Identify sexual transmitted infections
  - b) Assess HIV infection risk
  - c) Identify the offender
  - d) Rule out pregnancy
9. The HIV post-exposure prophylaxis regimen following a sexual assault ordeal should be given for:
- a) 7 days
  - b) 14 days
  - c) 21 days
  - d) 28 days**
10. The elements of comprehensive obstetric care include;
- a) Surgery and blood transfusion
  - b) Assisted delivery and anaesthesia
  - c) Parenteral antibiotics and manual removal of placenta
  - d) Blood transfusion and manual removal of placenta
11. The biggest barrier to accessing Sexual and Reproductive Health services for special populations in Kenya is:
- a) Lack of formal education
  - b) Cultural beliefs and practices
  - c) Lack of adequate health facilities
  - d) Low literacy levels
12. Sustainable Development Goals (SDGs) that directly address sexual and reproductive health and rights are::
- a) SDG 3 and 5
  - b) SDG 2 and 5
  - c) SDG 3 and 12
  - d) SDG 5 and 16
13. Many people suffer silently the issues of gender based violence. Which of the following are forms of psychological violence
- a) Verbal abuse and wife bettering
  - b) Denying one chance to go to work and Rumour mongering
  - c) Constant humiliation and verbal abuse
  - d) Rumour mongering and tracking patterns phone
14. A long-term physical effect that can occur in a girl/woman who has undergone female genital cutting is:
- a) Severe pain and neurogenic shock

- b) Fatal Haemorrhage and haemorrhagic shock
  - c) Acute urine retention from fear of pain, tissue swelling or injury of the urethra
  - d) Cysts and abscesses on the vulva
15. The Kenyan policy that provides a framework for Sexual and Reproductive health and Rights is:
- a) Kenya Vision 2030
  - b) Constitution of Kenya
  - c) National Reproductive Health Policy
  - d) AU Agenda 63
16. In adolescent sexual reproductive health, Young people have specific services prescribed for them in the youth friendly centre. Who are young people ?
- a) Any person between the age of 10 to 19 Years
  - b) Any person between the age of 10 to 24 years
  - c) Any person between the age of 15 to 24 years
  - d) Any person between the age of 12 to 24 years
17. The gender analysis framework that focuses on the roles of women vs. men, categorizing them as either productive, reproductive or community involvement is:
- a) Harvard Framework
  - b) Moser Framework
  - c) Gender Analysis Matrix
  - d) Levy Framework
18. The hormone that primarily decreases during andropause is:
- a) Cortisol
  - b) Progesterone
  - c) Oestrogen
  - d) Testosterone
19. The most common symptoms experienced by women during menopause include:
- a) Weight loss and fatigue
  - b) Increased hair growth
  - c) Night sweats and flushes
  - d) Palpitations and fatigue
20. When providing reproductive health counselling to a client, the nurse applies one of the following to promote the process:
- a) Uses closed ended questions
  - b) Anticipates what the client will say next
  - c) Accepts the client's opinion as valid
  - d) Asks the client a question to change the subject

**SHORT ANSWER QUESTIONS (SAQS)****30 MARKS**

1. Enumerate the eight (8) pillars of safe motherhood 4 mks
2. State six (6) reasons given for practicing FGM 6 mks
3. Describe five (5) factors that influence social construction of gender 5 mks
4. Using BCS+ approach, outline the essential steps of family planning counselling 5 mks

**LONG ANSWER QUESTIONS****20 MKS**

1. Miss K, a 21 year old college student, has been referred to your health care facility stating that she was raped during a party at her friend's house the previous day.
  - a. Citing specific regimen, describe five (5) key pharmacologic interventions that will be offered to Miss K. (10mks)
  - b. Describe nursing management that will be provided for Miss K during this review. (10 mks)